

You

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Amy Christian (USA) - July 2009
音樂: You - 21:03 : (Album: Total Attention - Gospel Music)



Intro: 13 Counts – Start counts as soon as music starts. Or wait for that pause, then start.

Touch, L Sailor, ¼ R Sailor, ¼ L Sailor, Back,

- 1-2&3 Touch L foot to left side(1), L Sailor,
- 4&5 ¼ turn right with R Sailor,
- 6&7 ¼ turn right with L Sailor,
- 8 Step R foot back, (this will help you square off, facing 6 'o clock),

Walk, Walk, Step, Kickball Touch, Touch Out, Twist ¼, L Coaster,

- 1-3 Walk L, Walk R, Step L foot next to R foot,
 - 4& Kick R foot fwd, Replace R foot in place,
- (Restarts happen here on Wall 2, Wall 5 and Wall 7),**
- 5-6 Touch L foot out to L side(5), Twist ¼ turn left on R foot(6),
 - &7-8 L Coaster step,

Pivot ½ L , ½ Turn L, ½ Turn L, Rock, Recover, Ball Step, Step Back,

- 1-2 Step fwd on R foot, Pivot ½ turn left stepping L foot fwd,
- 3-4 ½ Turn left stepping R foot back, ½ Turn left stepping L foot fwd,
- 5-6 Rock fwd on R foot, Recover back on L foot,
- &7 Step on Ball of R foot next to L foot(&), Step L foot back (7),
- 8 Step R foot back,

Rock Back, Recover, Pivot ½, Pivot ¼, Together, Touch Out, Cross,

- 1-2 Rock back on L foot, Recover fwd on R foot,
- 3-4 Step fwd on L foot, Pivot ½ turn right stepping fwd on R foot,
- 5-6 Step fwd on L foot, Pivot ¼ right, stepping R foot to R side,
- &7-8 Step L next to R(&), Touch R foot out to R side, Step R foot across L foot.

Intro: 13 Counts.

The intro is tricky, start counts as soon as music starts, 1 to 8, then count, 45678 & that will get you to start at the right spot. Or that silent count is your count 8, then begin.

Restarts: Happen on Walls 2, 5 & 7 at the same spot, after 12& counts of dance.

The Finish: You finish perfectly, facing the front wall, with L foot touching out to L side, on the Kickball Touch and hold that pose!

Enjoy-----

Website: www.linefusiondance.com