

# Long Dark Night

COPPER KNOB  
BY STEPHEN

拍數: 48      牆數: 4      級數: Improver  
編舞者: Ross Brown (ENG) - July 2009  
音樂: Long Dark Night - John Fogerty : (CD: Revival - 3:08)



Intro: 16 Counts (Approx. 8 Secs)

**ROCK FORWARD, RECOVER, TOGETHER. ROCK FORWARD, RECOVER. COASTER STEP. SHUFFLE FORWARD.**

1-2&      Rock forward with right, recover onto left, step right next to left.  
3-4      Rock forward with left, recover onto right.  
5&6      Step back with left, step right next to left, step forward with left.  
7&8      Step forward with right, close left up to right, step forward with right.  
(12 o'clock)

**ROCK FORWARD, RECOVER, TOGETHER. ROCK FORWARD, RECOVER. COASTER STEP. SHUFFLE FORWARD.**

1-2&      Rock forward with left, recover onto right, step left next to right.  
3-4      Rock forward with right, recover onto left.  
5&6      Step back with right, step left next to right, step forward with right.  
7&8      Step forward with left, close right up to left, step forward with left.  
(12 o'clock)

**STEP, PIVOT ¼ TURN L. STEP, PIVOT ¼ TURN L. CHASSE RIGHT. ROCK BACK, RECOVER.**

1-2      Step forward with right, pivot a ¼ turn left rolling hips a little.  
3-4      Step forward with right, pivot a ¼ turn left rolling hips a little.  
5&6      Step right to the right, close left up to right, step right to the right.  
7-8      Rock back with left, recover onto right.  
(6 o'clock)

**SIDE. BEHIND, SIDE, CROSS. SIDE, ROCK BACK, RECOVER. CHASSE RIGHT.**

1      Step left to the left.  
2&3      Cross step right behind left, step left to the left, cross step right over left.  
4-5-6      Step left to the left, rock back with right, recover onto left.  
7&8      Step right to the right, close left up to right, step right to the right.  
**Advice: Don't step too far to the right on Count 8 of this Section as it makes Counts 5-8 of the next Section noticeably harder to do.**  
(6 o'clock)

**HEEL IN, TOE IN. HEEL OUT, TOE OUT. HEEL OUT, TOE OUT. HEEL IN, TOE IN.**

1-2      Twist left heel in, twist left toes in to center.  
3-4      Twist left heel out, twist left toes out to center placing weight onto left.  
5-6      Twist right heel out, twist right toes in to center.  
7-8      Twist right heel in, twist right toes in to center keeping weight on left.  
(6 o'clock)

**SIDE ROCK, RECOVER. CROSS SHUFFLE. SIDE ROCK, RECOVER ¼ TURN R. SHUFFLE FORWARD.**

1-2      Rock right to the right, recover onto left.  
3&4      Cross step right over left, close left up to right, cross step right over left.  
5-6      Rock left to the left, make a ¼ turn right recovering onto right.  
7&8      Step forward with left, close right up to left, step forward with left.  
(9 o'clock)

**End of Dance. Start again and Enjoy!**

**Alternative Music: Bullet by Charlotte Perrelli, CD; Hero. Intro: 32 Counts (Approx. 17 Secs)**

**When dancing to this track you need to add a Tag/Restart on Wall 7**

**Dance up to Count 12 of the dance, then add the following Tag and Start Again**

1-2                    Rock back with right, recover onto left.

**ross-brown@hotmail.co.uk**

---