

# Forgive And Forget

拍數: 36      牆數: 4      級數: Intermediate  
編舞者: Carina Slijters (NL) - July 2009  
音樂: I Don't Believe That's How You Feel - Tracy Byrd : (CD: Big Love)



## 32 count intro

### Cross Rock, Side Rock, Behind-Side-Cross, Side Rock Cross, ¼ ¼ Turn Left-Cross

1&      Cross Right in front of Left, Recover on Left  
2&      Rock Right to Right side, Recover on Left  
3&4      Cross Right behind Left, Step Left to Left, Cross Right in front of Left  
5&6      Rock Left to Left side, Recover on Right, Cross Left in front of Right  
7      Make a quarter turn Left step Right backwards (facing 09:00)  
&      Make a quarter turn Left step Left to Left side (facing 06:00)  
8      Cross Right in front of Left

### Rumba Box, Chasse Left, Sailor ¼ Right

1&2      Step Left to Left side, Step Right next to Left, Step Left forward  
3&4      Step Right to Right side, Step Left next to Right, Step Right backwards  
5&6      Step Left to Left, Step Right next to Left, Step Left to Left  
7      Make a quarter turn Right cross Right behind Left  
&8      Step Left next to Right, Step Right forward

### Left Lock Step Forward, Rock Step-Back, Full Turn Left, Coaster Step

1&2      Step Left forward, Lock Right behind Left, Step Left forward  
3&4      Rock Right forward, Recover on Left, Step Right backwards  
5      Make a half turn Left step Left forward (facing 03:00)  
6      Make a half turn Left step Right backwards (facing 09:00)  
7&8      Step Left backwards, Step Right next to Left, Step Right forward

### Scissor Right, Scissor Left, Side-Behind-1/4 Right Forward, Pivot ½ Right, Forward

1&2      Step Right to Right, Step Left next to Right, Cross Right in front of Left  
3&4      Step Left to Left, Step Right next to Left, Cross Left in front of Right  
5&6      Step Right to Right, Cross Left behind Right, Make a quarter Right step Right forward (facing 12:00)  
7&8      Step Left forward, Make a half turn Right, Step Left Forward

### Pivot ½ Left, Forward ¼ Left

1-2      Step Right forward, Make a half turn Left (facing 12:00)  
3-4      Step Right forward, Make a quarter turn Left (facing 09:00)

## Start again

### Restart:

In the second wall dance the first 32 counts than start all over again.

Carina Slijters (NL) (July 2009) [www.carinaslijters.nl](http://www.carinaslijters.nl)

Video link <http://www.youtube.com/carinaslijters>