

# Before I Fall In Love

COPPERKNOB  
BY STEPHEN HETS

拍數: 32      牆數: 2      級數: Intermediate / Advanced  
編舞者: Sophitia Christiansen (DK) - July 2009  
音樂: Before I Fall In Love - CoCo Lee : (Runaway Bride: Music From The Motion Picture - 1999)



Intro: 16 counts

## S1: Sweep And Behind, Side, Forward, Drag, Nightclub Step, ¼, Side Rock, Recover ¼, ½, ¼, Side Long Step

1&2&      Sweep right out to right step right behind left, left to left, long step forward on right, drag left slowly towards right  
3&4&      Make a long left step to left, step on ball of right beside left, left across right, right back to ¼ turn left  
5&6-7&8      Side rock on left, recover onto right making a ¼ right turn, left forward to ½ turn right, right back to ¼ right turn, make a long left step to left with right toes dragging towards left

On Wall 3, change weight to left on "&" count after count 6. Restart facing front.

## S2: Rock Back, Recover, ¼, ½, ¼ Touch, Dip & Slide Right, 1¼ Triple Turn, Recover, Back, ½, ¼ Sweep

1&2&      Rock right behind left, recover onto left, right back to a ¼ turn left, left back to ½ turn left  
3 4      Touch right toes beside to a ¼ turn left, dip down slowly as you slide right toes out slowly to side right  
5&6      Step right to ¼ right, left forward to ½ turn right, right back ½ turn right (This will travel right)  
7&8&      Recover onto left, right back, left back to ½ turn left, sweep right to ¼ left to across left

## S3: Cross, Side, Kick, Step, Twinkle ½, Touch, Sweep, Behind, Side, Forward Slide, ¼ Hitch Turn, Twinkle ½

1&2&      Step right across left, left to left, kick right to diagonal right, right beside left  
3&4&5      Step left across right, right to ¼ turn left, left back ¼ turn left, touch right beside left, sweep right forward to back  
6&7      Step right behind left, small left step to left, slide forward on right,  
&8&1      Hitch left to ¼ right, left across left, right to ¼ left, left to ¼ turn left side

## S4: Mambo Back, Forward, Spiral Full Turn, Press, Recover, ½, ½ Turn Spin, Back Long Step

2&3&4      Rock right back, recover onto left, right forward, forward left, make a spiral full turn right  
5&6&7&8      Press right to right diagonal, recover onto left, step right to ½ turn right, spin ½ turn right on right bringing left toe to touch beside right), slide left back dragging right toes to left