

Lay Down Sally

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Maureen Jones (UK) & Michelle Jones (UK) - July 2009
音樂: Lay Down Sally - Eric Clapton : (CD: The Cream Of Clapton)



Intro: 32 counts

KICK, BACK, TOUCH, BACK, KICK, BACK, TOUCH, BACK, SHUFFLE, STEP, ¼ PIVOT, CROSS

1&2& Kick right forward, step right back, touch left forward, step left back
3&4& Repeat counts 1&2&
5&6 Step right forward, step left beside right, step right forward
7&8 Step left forward, pivot ¼ turn right, step left across right

SIDE ROCK, FLICK WITH SLAP, SIDE, BACK ROCK. SIDE, HEEL, HOOK STEP, ½ PIVOT WITH HOOK, SHUFFLE

9&10& R ock right to right, recover onto left, flick right behind left and slap foot with left hand, step right to right
11&12 Rock left behind right, recover onto right, step left to left
13&14& Touch right heel forward, hook right across left, step right forward, pivot ½ turn left and hook left across right
15&16 Step left forward, step right beside left, step right forward

(During wall 3 (instrumental wall) dance count 14& as 'Pivot ¼ turn left and hook left across right'. Then shuffle forward (15&16)(facing 12.00) and restart dance from the beginning following count 16.)

TOE, HEEL, CROSS, HIP BUMPS, BACK ROCK, SIDE, BEHIND, SIDE, CROSS, ¼ TURN

17&18 Touch right toe beside left, touch right heel towards right diagonal, step right across left
19&20 Step left to left and bump hips left, bump hips right, left
21&22 Rock right behind left, recover onto left, step right to right
23&24& Step left behind right, step right to right, step left across right, keeping weight on left spin ¼ turn left

WALKS, RUNNING STEPS, ROCKING CHAIR, SIDE ROCK, TOGETHER

25-26 Walk forward stepping right, left
27&28 Run forward stepping right, left, right
29&30& Rock left forward, recover onto right, rock left back, recover onto right
31&32 Rock left to left, recover onto right, step left beside right

(During walls 1, 4 & 8 dance count 28 as 'Touch right beside left' and then restart dance from the beginning. This is always during the verse following the words 'Don't you ever leave')