

JLS (Just Linedance Sexily)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Michael Lynn (UK) - July 2009
音樂: Beat Again - JLS : (3:17)



(16 count intro – start on vocals, 119bpm)

HEEL STEPS, VAUDEVILLE, CROSS STEP, 1/4 TURN LEFT, LEFT SAILOR STEP

1& Step right heel forward, step left heel forward,
2& Step right heel backward, step left heel backward,
3&4 & Cross right over left, step left to left side, touch right heel forward, step right beside left,
5-6 Cross left over right, step right 1/4 left,
7&8 Cross left behind right, step right to right side, step left to place.

FUNKY SHUFFLE FORWARD, SPRING 1/4 SWEEP LEFT, CROSS SHUFFLE LEFT, CROSS 'N' HEEL, STEP

1&2 Step forward right (angling body to right diagonal), close left beside right, step forward right,
3-4& Spring onto left while sweeping right 1/4 left, cross right over left, step left to left side,
5&6 & Cross right over left, step left to left side, cross right over left, step left to left side,
7-8 Touch right to right diagonal, step right beside left.

LEFT SPRING, RIGHT SWEEP & CROSS, BACK WALKS x3, 1/4 HEEL SWIVEL TURN, BACK WALKS x3

&1-2 Spring onto left while sweeping right across left, step onto right, walk back left,
3-4 Walk back right, step left beside right,
5-6 Swivel turn both heels 1/4 to right (your body will turn left), walk back left,
7-8 Walk back right, step left beside right.

FULL HEEL SWIVEL TURN, RIGHT HITCH, RIGHT COASTER STEP, WALKS x3

1 Swivel turn both heels 1/2 to left (your body will turn right),
2-3 Swivel turn both heels 1/2 to left (your body will turn right), hitch right knee,
4&5 Step right back, step left beside right, step forward right,
6-7 Walk forward left, walk forward right,
8 Step left to left side.

RESTART 2: On wall 5 dance upto here and restart the dance again

SIDE STEP, LEFT ROCK & CROSS, SIDE STEPS, RIGHT ROCK & CROSS, SIDE STEP

1 Step right to right side,
2&3 Rock onto left, recover right, cross left over right,
4-5 Step right to right side, step left to left side,
6&7 Rock onto right, recover left, cross right over left,
8 Step left to left side.

RIGHT 1/4 TURN SAILOR STEP, BIG STEP w/ SLIDE, HEEL SWIVELS, RIGHT COASTER STEP

1&2 Cross right 1/4 right behind left, step left to left side, step right to place,
3-4 Take big step forward with left heel, slide right beside of left,
&5&6 Come up on toes swivel heels right, centre, left, centre (weight on left),
7&8 Step right back, step left beside right, step forward right.

RESTART 1: On wall 2 dance up count 7&. Instead of stepping onto right, touch right beside left for count 8, weight will be on the left leaving the right free to step forward and restart the dance.

STEP-PIVOT 1/2 TURN RIGHT, BIG STEP w/ SLIDE, HEEL SWIVELS, RIGHT COASTER STEP

1-2 Step forward left, slow pivot 1/2 turn right,
3-4 Take big step forward with left heel, slide right beside of left,

&5&6 Come up on toes swivel heels right, centre, left, centre (weight on left),
7&8 Step right back, step left beside right, step forward right.

STEP-PIVOT 1/4 TURN RIGHT, KICK & SIDE TOUCH, KICK & BACK TOUCH, 3/4 TURN-TOUCH

1-2 Step forward left, 1/4 pivot turn right (weight on right),
3&4 Kick left forward, replace left beside right, touch right to right side,
5&6 Kick right forward, replace right beside left, touch left toe back,
7 Step onto left while making 1/2 turn left,
8 Continue turning making a 1/4 turn left touching right beside left.

CHOREOGRAPHER's NOTE's

RESTARTS:

1. On wall 2 dance up to count "47 &". Instead of stepping onto right, touch right beside left for count 8, weight will be on the left leaving the right free to step forward and restart the dance.
 2. On wall 5 dance upto count 32 and restart the dance again. The restart causes you to be facing your new wall (3 o'clock wall) turning it into a 2 wall dance done on 4 walls.
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