

# My Loretta

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Arne Stakkestad (BEL) - July 2009  
音樂: My Loretta - Silver



Start after 16 counts

Or Music:

"Let's have a party", Wanda Jackson, start after 32 counts

"Sweet little sixteen", Elvis Presley & Jerry Lee Lewis

"Let's twist again", Chubby Checker

**(1-8) Left Side, Together, Side, Together, Rocking Chair (Hips)**

1-4            LF side, RF beside LF, LF side, RF beside LF

5-8            LF rock forward, recover on RF, LF rock backwards, recover on RF

**(9-16) Left Side, Together, Side, Together, Rocking Chair (Hips)**

1-4            LF side, RF beside LF, LF side, RF beside LF

5-8            LF rock forward, recover on RF, LF rock backwards, recover on RF Hips left when weight on LF, hips right when weight on RF, these first 16 counts

**(17-24) ¼ Side Toestrut, ¼ Back Toestrut, Side Toestrut, Cross Toestrut**

1-2            ¼ r and LF toe strut to left side

3-4            ¼ r and RF toe strut backwards

5-6            LF toe strut to left side

7-8            RF toe strut crossed over LF

**(25-32) Chasse L, Back Rockstep, Shuffle ½ L, ¼ L Triple**

1&2            LF side, RF beside LF, LF side

3-4            RF rock backwards, recover on LF

5&6            ¼ | RF side, LF beside RF, ¼ | RF backwards

7&8            ¼ | LF beside RF, RF beside LF, LF beside RF

**(33-40) Hip Bumps With Twists, Heelstrut Fwd, ½ L Heelstru T Fwd**

1-2            hip and heels to right, hip and heels left

3-4            hip and heels to right, hip and heels left

5-6            RF heel strut forward (knip RFingers)

7-8            ½ left LF heel strut forward (knip LFingers)

**(40-48) Heelstrut Fwd, ½ L Heelstrut Fwd, Full Turn L, Shuffle Forward**

1-2            RF heel strut forward (knip RFingers)

3-4            ½ left LF heel strut forward (knip LFingers)

5-6            ½ left RF backwards, ½ left LF forward

7&8            RF step forward, LF beside RF, RF step forward

**ENDING: IN the 11th wall, after count 16, add 2 counts, bump hips L,R**