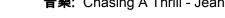
Thrill Chasin'

拍數: 64

級數: Intermediate

編舞者: Shaz Walton (UK) - July 2009

音樂: Chasing A Thrill - Jeanette: (Album: Undress to the Beat)





Count in: 32 counts. On vocals.

Walk. Walk. Out. Out. Back. Back. Together. Forward.

- 1-2 Walk forward right. Walk forward left.
- 3-4 Step right to right diagonal. Step left to left diagonal (push hips out)
- 5-6 Step back right. Step back left.
- Step right beside left. Step forward left. ** Restart Point. 7-8

Side. Touch. ¼. Together. Forward. Touch. ¼ step.

- 1-2 Step right to right. Touch left beside right.
- 3-4 Step left forward making 1/4 left. Step right beside left.
- 5-6 step forward left. Touch right beside left.
- 7-8 step right ¼ right. Step left beside right. (keep it poppy/funky)

Chasse right. ¼ chasse left. Cross. Side. Rock. Recover. Cross.

- 1&2 Step right to right. Step left beside right. Step right to right.
- 3&4 Make ¼ left stepping left to left. Step right beside left. Step left to left.
- 5-6 Cross step right over left. Rock left to left.
- 7-8 Recover on right. Cross step left over right.

Side. Slide. Ball. Cross. Side. Sailor 1/2. side. Together. Flick

- Take a BIG step to right. Slide left upto right. 1-2
- &3-4 Step left beside right. Cross right over left. Step left to left side.
- 5&6 Cross step right behind left. Make ¹/₂ turn right stepping left to left. Step right to right.
- 7-8 Take a big step to left. Step right beside left as you flick left to left side.

Cross. Point. Behind. Point. Touch. ¼ knee pop. Knee pop. Hold.

- 1-2 Cross step left over right. Point right to right side.
- Step right behind left. Point left to left, 3-4
- 5-6 Touch left beside right. Make ¼ left dropping weight onto left right & pop right knee.
- 7-8 Step back slightly right popping left knee forward (left toes on floor, heel raised) HOLD

Ball Step. Lock. Turn. Touch. Hold. Ball step. Lock. Turn. Point. Hold.

- &1-2 Step slightly back on left ball. Step right foot diagonally forward. Lock left behind right
- &3-4 Make 1/2 turn left stepping right beside left. Touch left slightly forward. HOLD
- &5-6 Step slightly back on left ball. Step right foot diagonally forward. Lock left behind right
- &7-8 Make 1/4 turn left stepping right beside left. Touch left to left side. Hold

Ball. Cross. Hold. ¼ forward. Hold. Rock. Recover. ½. ¼.

- &1-2 Step left beside right. Cross right over left. HOLD
- 3-4 Make 1/4 left stepping left forward. HOLD (counts 2-3...smoooooooth!)
- 5-6 Rock forward on right. Recover on left.
- 7-8 Make 1/2 right stepping right forward. Make 1/4 right stepping left to side.

Sailor step. Hold. Ball. Cross. Hold. Ball. Cross. ¼ stomp. Hold

- 1&2 Cross step right behind left. Step left to left. Step right to right.
- 3&4 HOLD. Step left beside right. Cross step right over left.

牆數:2

5&6HOLD. Step left beside right. Cross step right over left.7&8Make ¼ left Stomping left forward. HOLD

Begin again.

**Restart – wall 3. Facing 12 O Clock Dance the first 8 counts of the dance again & begin again from the beginning.

Dance with your heart....& your feet will follow

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