

# Ready, Set, GO!

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32                      牆數: 2                      級數: Easy Intermediate  
編舞者: Michael Lynn (UK) - June 2009  
音樂: Work - The Saturdays : (CD: Single - 3:22)



32 count intro

Album: "Chasing Lights" by The Saturdays (Track 6 - 3:13 - no tags/restarts)

## Step-Heel Splits X2, Kick-Backside Step, Left Kitchen Step

1&2                      Step left forward, split heels outward, return heels in,  
3&4                      Step right forward, split heels outward, return heels in,  
5&6                      Kick left forward, step left large step back to left side, step right to right side,  
7&8                      Hitch left, step left beside right, step right beside left.

**NOTE: Kitchen step is the name I use for a hitch ballstep ;)**

## Steps X2, Pivot 1/4 Turn Left, Cross-Hold, Weave, Cross, 1/4 Turn Left

1-2&                      Step forward left, step forward right, pivot 1/4 turn left,  
3-4                      Cross right over left, hold count 4,  
5-6&                      Step left to left side, cross right behind left, step left to left side,  
7-8                      Cross right over left, step left 1/4 left.

## Step, Pivot 1/4 Left, Cross, Mini-Weave, Heel Switches, Hitch 'N' Hooks, Back Hitch 1/4 Left

1&2                      Step forward right, pivot 1/4 turn left, cross right over left,  
3&4                      Step left to left side, cross right behind left, step left to left side,  
5&6&                      Touch right heel forward, step right beside left, touch left heel forward, step left beside right,  
7&                      Touch right heel forward, hitch right across left,  
8&                      Touch right heel forward, twist 1/4 left while back hitching right

## Right Scuff/Hitch, Right Shuffle, Step, Pivot 1/2 Right, Hip Roll

1                      Scuff right through into a hitch,  
2&3                      Step forward right, close left beside right, step forward right,  
4-5                      Step forward left, pivot 1/2 turn right,  
6-8                      Touch left forward while circling hips clockwise over 3 counts (keeping weight on right).

## TAG (Danced on Wall 1; facing the back & Wall 3: facing the front)

### Syncopated Jazzbox, Cross Touches X2, Right Coaster Step

1-2&                      Cross left over right, step right back right, step left beside right,  
3-4                      Cross right over left, touch left to left side,  
5-6                      Cross left over right, touch right to right side,  
7&8                      Step right back, step left next to right, step forward right.

## Step, Pivot 1/2 Turn Right, Shuffle Full Turn Right, Walk 'N' Shimmies

1-2                      Step forward left, pivot 1/2 turn right,  
3&4                      Step left 1/4 turn right, close right beside left, step left 1/4 turn right,  
5&6                      Step right 1/4 turn right, close left beside right, step right 1/4 turn right,  
7-8                      Step forward left, step forward right.

**ALT: Counts 3-6 can be replaced with a left & right shuffle.**

**NOTE: Counts 7-8 shake what ya mama gave ya... aka SHIMMY!**

Dance written for & released at Step-In-Line Charity Workshop (28/06/09, Peterborough) in aid of CANCER RESEARCH UK

