

Action

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: Darren Bailey (UK) - June 2009
音樂: A Little Less Talk and a Lot More Action - Toby Keith



Walk back x2, Sailor 1/2 turn L, Step Pivot 1/2 turn L, kick out, out.

1-2 Step back on Lf, step back on Rf
3&4 Step back on Lf making a 1/4 turn L, step Rf to R side, make a 1/4 L and step forward on Lf
5-6 Step forward on Rf, make a 1/2 pivot turn L placing weight onto Lf
7&8 Kick Rf forward, step Rf next to Lf, step Lf to L side

Hitch and stomp, Heel bounces and clicks x3, hip sways x4

&1 Hitch R knee across L knee, Stomp Rf to R side
2-4 Bounce R heel whilst clicking fingers of R hand x3
5-6 Sway hips over to R, sway hips over to L
7-8 Sway hips over to R, sway hips over to L

(counts 5-8 are just a guide line, do what you feel)

Behind, Side, Cross shuffle, side rock, recover, cross shuffle

1-2 Cross Rf behind Lf, step Lf to L side
3&4 Cross Rf over Lf, step Lf to L side, cross Rf over Lf
5-6 Rock Lf to L side, recover onto Rf
7-8 Cross Lf over Rf, step Rf to R side, cross Lf over Rf

1/4 turn R, side touches and crosses x2, Jazz box with a 1/4 turn R, kick L

1-2 Make a 1/4 turn R and step forward on Rf, touch L toe to L side
3-4 Cross Lf over Rf, touch R toe to R side
5-6 Cross Rf over Lf, step back on Lf
7-8 Make a 1/4 turn R and step Rf to R side, Kick Lf forward.

Enjoy the dance, and lets see that ACTION.

(Remember the dance starts moving back!!!!)
