

Make Me A Dancer

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate / Advanced
編舞者: Ross Brown (ENG) - June 2009
音樂: Heartbreak (Make Me a Dancer) (feat. Sophie Ellis Bextor) - Freemasons : (3:29)



Intro: 32 Counts (Approx. 15 Secs)

Kick Ball Point. Ball Point, Pivot ¼ Turn R. C Shaped Hip Bumps.

1&2 Kick right foot forward, step right next to left, point left to the left.
&3-4 Step left next to right, point right to the right, pivot ¼ turn right.
5&6& Bump hips; forward and up, back, forward and down, back.
7&8& Bump hips; forward and up, back, forward and down, back. (3 o'clock)

Kick Ball Touch Forward. Coaster Step. Bumping ½ Turn L (Twice).

1&2 Kick right foot forward, step right next to left, touch left foot forward.
3&4 Step back with left, step right next to left, step forward with left.
5&6 Make a ¼ turn left stepping right to the right and bumping to the right, bump hips left, make a ¼ turn left bumping hips back.
7&8 Make a ¼ turn left stepping left to the left and bumping to the left, bump hips right, make a ¼ turn left bumping forward. (3 o'clock)

Rock Forward, Recover. Back Lock Back. Touch Back, Pivot ½ Turn L. Touch Forward, Pivot ½ Turn L.

1-2 Rock forward with right, recover onto left.
3&4 Step back with right, lock left across right, step back with right.
5-6 Touch left toe back, pivot a ½ turn left stepping onto left.
7-8 Touch right toe forward, pivot a ½ turn left stepping onto right. (3 o'clock)

Ball, Walk, Walk. Kick Ball Cross. Side Rock, Recover, Cross. Back Step ¼ Turn R. Coaster Step

&1-2 Step left next to right, walk forward; right, left.
3&4 Kick right foot forward to right diagonal, step right next to left, cross step left over right.
5&6 Rock right to the right, recover onto left, cross step right over left.
7 Make a ¼ turn right stepping back with left.
8&1 Step back with right, step left next to right, step forward with right. (6 o'clock)

Hold, Together, Side. Hold, Together. Side Rock, Recover, Together. Side Rock, Recover.

2&3 Hold for 1 count, step left next to right, step right to the right.
4& Hold for 1 count, step left next to right.
5-6& Rock right to the right, recover onto left, step right next to left.
7-8 Rock left to the left, recover onto right. (6 o'clock)

Back. Hold, Together, Side. Hold, Together. Side Rock, Recover, Together. Side Rock, Recover.

1 Step back with left.
2&3 Hold for 1 count, step right next to left, step left to the left.
4& Hold for 1 count, step right next to left.
5-6& Rock left to the left, recover onto right, step left next to right.
7-8 Rock right to the right, recover onto left. (6 o'clock)

Sailor ¼ Turn R With Cross. Side Rock, Recover. Cross, Side, Side. Cross, Side, Side.

1&2 Make a ¼ turn right stepping; right behind left, left next to right, right over left.
3-4 Rock left to the left, recover onto right.
5-6& Cross left over right, step right to the right, step left to the left.
7-8& Cross right over left, step left to the left, step right to the right. (9 o'clock)

Cross, Back Step ¼ Turn L. Shuffle ½ Turn L. Step, Pivot ½ Turn L. Walk, Walk.

- 1-2 Cross step left over right, make a ¼ turn left stepping back with right.
- 3&4 Shuffle a ½ turn left stepping; left, right, left.
- 5-6 Step forward with right, pivot a ½ turn left.
- 7-8 Walk forward; right, left. (6 o'clock)

End of Dance. Start again and Enjoy!

TAG: At the END of Wall 3 add the following 16 Counts, then Start Again.

Step, Lock. Step Lock Step. Step, Pivot ½ Turn R. Shuffle Forward. Repeat.

- 1-2 Step forward with right, lock left behind right.
- 3&4 Step forward with right, lock left behind right, step forward with right.
- 5-6 Step forward with left, pivot a ½ turn right.
- 7&8 Step forward with left, close right up to left, step forward with left.
- 9-16 Repeat Counts 1-8 of the Tag

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