

# Nothing's Gonna Bring Me Down

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Ria Vos (NL) - June 2009  
音樂: Pencil Full of Lead - Paolo Nutini : (Album: Sunny Side Up)



## Start on Lyrics

### R Point, Hold, R Point Behind, Hold, Side-Together-Side, Hold

1-2      R Point Fwd to Right Diagonal (Option: Swing Arms Right), Hold  
3-4      R Point Behind (Option: Swing Arms Left), Hold  
5-6      Step R to Right Side (Push Hips Right), Step L Together  
7-8      Step R to Right Side (Push Hips Right), Hold

### L Point, Hold, L Point Behind, Hold, Side-Together-1/4 Turn Left, Hold

1-2      L Point Fwd to Left Diagonal (Option: Swing Arms Left), Hold  
3-4      L Point Behind (Option: Swing Arms Right), Hold  
5-6      Step L to Left Side (Push Hips Left), Step R Together  
7-8      Turn ¼ Left Stepping Fwd on L, Hold (9:00)

### Heel Struts (R&L), Heel Fwd, Hold, Back, Hold

1-2      Step Fwd on R Heel, Drop R Toe to Floor  
3-4      Step Fwd on L Heel, Drop L Toe to Floor  
5-6      Touch L Heel Fwd (Leaning Upper Body Backwards), Hold  
7-8      Step on Ball of R Backwards, Hold

### Swivel, Hold, Swivel, Hold, Swivel ½ Turn Right

1-2      Swivel Both Heels Left, Hold  
3-4      Swivel Both Heels Back to Centre, Hold  
5-6-7      Swivel Both Heels Left-Right-Left Turning ½ Turn Right Ending with Weight on L (3:00)  
8      Hold

### Diagonal R Step-Lock-Step, Scuff, Diagonal L Step-Lock-Step, Hold

1-2      Step R Fwd to Right Diagonal, Lock L Behind R  
3-4      Step R Fwd to Right Diagonal, Scuff L Fwd  
5-6      Step L Fwd to Left Diagonal, Lock R Behind L  
7-8      Step L Fwd to Left Diagonal (Option: "Jump" L Fwd to Left Diagonal with R lifted behind), Hold

### Diagonal Kick, Hold, Diagonal Step Backwards, Slide, Behind-Side-Cross, Hold

1-2      Kick R to Left Diagonal, Hold  
3-4      Step R Big Step Backwards, Slide L Towards R  
5-6      Step L Behind R, Step R to Right Side  
7-8      Cross L Over R, Hold (3:00)

Ending: You will end on Count 32 (3:00) "Jump" R Forward with L Foot Lifted Behind, Armes Out Shaking Hands, Angle Body Towards 12:00