

# True Lies

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Adrian Churm (UK) - June 2009  
音樂: Is It True? - Yohanna : (CD: Eurovision Song Contest: Moscow 2009)



## Start on vocals

### S1. Side rock, recover x2, weave to right.

1                    Right to right side  
2&3                Rock back and behind on left, recover forward onto right foot, left foot to the left side.  
4&5                Rock back and behind on right, recover forward onto left foot, right foot to right side.  
6&7                Left foot behind right, right foot to right side, left foot across right.  
8&8                Right foot to right side, left foot behind right, right foot to right side.

### S2. Cross rock, side cross, hold, double Crossovers ¼ turn left, Lock Back.

1-2                Rock left across right, recover back onto right foot  
8&3-4             Step ball of left foot to the side, cross right in front of left, hold  
8&5                Step ball of left foot to the side, cross right in front of left.  
8&6-7             Step ball of left foot to the side, cross right in front of left, ¼ turn left left foot forward  
8&1                Step right foot back, cross left in front of right, step right foot back.

### S3. Rock recover ½ turn triple step on the spot(x2)

2-3                Rock back onto left, recover forward onto right foot.  
4&5                Make a ½ turn shuffle around to the right stepping left, right, left,  
6-7                Rock back on right, recover onto left,  
8&1                Make a ½ turn shuffle around to the left stepping right, left, right.

### S4. Rock, recover, full turn forward, rock, recover, lock step back

2-3                Rock back on left, recover forward onto right foot.  
4&5                Full turn right moving forward Stepping left, right, left. (Easy option shuffle forward).  
6-7                Rock forward onto right, recover back onto left foot  
8&1                Right foot back, left crossed in front of right, right foot back.

### S5. Lock step back, Coaster step, slow lock, diagonal lock step forward

2&3                Left foot steps back, right crossed in front of left, left foot back.  
4&5                Right foot steps back, close left to right, right foot steps forward (side on restart)\*.  
6-7                Left foot steps forward, lock right behind left  
8&1                To left diagonal left foot steps forward, lock right behind left, left foot steps forward.

### S6. Two cross rocks to left then right diagonal, double cross rock.

2&3                Rock right across left (left diagonal) recover back onto left foot, right foot to the side (centre).  
4&5                Rock left across right (right diagonal) recover back onto right, left foot to the side (centre).  
6&7                Rock right across left, recover back onto left, rock right out to right side.  
8&8&1             Recover onto left, rock right across left, recover back onto left, rock right out to right side.

(The last step is the first step of the routine)

**Restarts:** On the 2nd and 4th repetition of the routine restart the dance again after counts "4&" in section 5 by taking the right foot to the side instead of forward's in the coaster step

**Ending:** On the 6th repetition replace count 8&1 of section 3 with a full triple turn left to face the front.