

Sealed With a Kiss

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Cato Larsen (NOR) - January 2009
音樂: Sealed With a Kiss - Chris de Burgh : (CD: Footsteps 08)



Intro: Start at vocals after 16 counts (12 seconds).

(1–9) Sweep 1/4 Turn, Weave, Side Rock, Cross Rock, 1/4 Turn, Step, 1/2 Turn.

1 Sweep left foot out and around anti clockwise turning ¼ turn left (1). [9:00]
2&3 Cross left behind right (2), Step right to the right (&), Cross left over right (3).
4,5 Step right to the right (4), Rock (recover) back again onto left (5).
6& Cross right over left (6), Rock (recover) back again onto left (&).
7,8 Pivot ¼ turn right Stepping forward on right (7), Step forward on left (8). [12:00]
1 Pivot ½ turn right and Push off from left Stepping right long step to right side (1). [6:00]

(10–17) Cross Mambo Step, 1/2 Pivot Turn, Hitch 1/2 Turn, Cross Rock, Side, Cross, Unwind.

2& Cross left over right (2), Rock (recover) weight back onto right (&). [7:30]
3 Step left back on a left diagonal (3). [7:30]
4 Pivot ½ turn right Stepping forward on right foot (4). [1:30]
5 Pivot ½ turn right Hitching left knee (5). [7:30]
6& Cross left over right (6), Rock (recover) weight back onto right (&). [7:30]
7 Step left to left side (7). [6:00]
8,1 Cross right over left (8), Unwind full turn left (1). [6:00]

(17–24) Side Rock & Cross, 1/4 Pivot Turn Twice, Cha Cha In Place.

2& Step left to left side (2), Rock (recover) weight back onto right (&).
3 Cross left over right (3).
4 Pivot ¼ turn right Stepping back on right (4). [3:00]
5 Pivot ¼ turn right Stepping left to the left side (5). [12:00]
6&7 Step right next to left (6), Step left next to right (&), Step right to right side (7).
8&1 Step left next to right (8), Step right next to left (&), Step left to left side (1).

(25–32) Cross Rock, 1/4 Turn, 1/2 Pivot Turn, Walk Forward With Holds, Rock And.

2& Cross right behind left (2), Rock (recover) weight onto left (&).
3 Pivot ¼ turn left Stepping back on right (3). [9:00]
4,5 Pivot ½ turn left Stepping forward on left (4), Hold (5). [3:00]
6,7 Step forward on right (6), Hold (7).
8& Step forward on left (8), Rock (recover) weight back onto right (&).

TAG: To be danced AFTER 4th wall. (You will be facing 12:00).

1 Sweep left foot out and around anti clockwise turning ¼ turn left (1).
2&3 Cross left behind right (2), Step right slightly right (&), Step left slightly left (3).
4 Cross right behind left (4).