

One Love Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Noel Bradey (AUS) - June 2009
音樂: You Are In My Heart (你在我心中) - Teresa Teng (鄧麗君)



DANCE STARTS: Twenty Count Intro from when music starts

(1-8) Side R, Drag L, Behind, Side, Cross, Side, Replace, ½ Hinge, Side Shuffle

1,2 Large Step to right side with R, Drag L towards R
&3,4 Cross/step on Ball of L behind R, Step R to right side, Cross/step L over R
5,6 Rock/step on R to right side, Replace weight to L
& With weight on L 180° hinge turn over right (6:00)
7&8 (Travelling to the right) Step R to right side, Step on L beside R, Step R to right side

(9-16) Cross, Replace, Side, Cross, Replace, Side, Fwd, Replace, ½ Turn, Shuffle Fwd

1,2& Cross/step on L over R, Replace weight to R, Step on ball of L to left side
3,4& Cross/step on R over L, Replace weight to L, (**) Step on ball of R to right side
5,6 Rock/step L fwd, Replace weight to R
7&8 Turn 180° left to shuffle fwd L, R, L ## (12:00)

(17-24) Fwd, ¼ Pivot, Cross/Shuffle, ¼, ¼, Cross/Shuffle

1,2 Step R fwd, Pivot turn 90° left (weight L) (9:00)
3&4 Cross/step R over L, Step on L to left side, Cross/step R over L
5,6 Turn 90° right stepping L back, Turn 90° right stepping R to right side (3:00)
7&8 Cross/step L over R, Step on R to right side, Cross/step L over R

(25-32) Rock Fwd, Replace, ½ Shuffle Fwd, Rock Fwd, Replace ½ Shuffle Fwd

1,2 Rock/step fwd on R, Replace weight to L
3&4 Turn 180° right to shuffle fwd R, L, R (9:00)
5,6 Rock/step fwd on L, Replace weight to R
7&8 Turn 180° left to shuffle fwd L, R, L (3:00)

Start Dance from the start

RESTARTS: ## Wall 4 and Wal 8, dance to count 16 only and start again from the beginning.

TO END THE DANCE: The Dance will end on Wall 10 – Dance to count 12 then.... The on the “&” count do a 90° turn right

& Turn 90° right stepping R fwd
5,6 Step L fwd, 180° Pivot Turn R,
7,8 Step L fwd, Hold
&1 Step on R beside L, Step on L beside R – with flamenco Arms

Enjoy.