Scooby Doo



拍數: 64 編數: 4 級數: Easy Intermediate

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音樂: Do the Cha Cha Cha - Alex Swings Oscar Sings! : (CD: Heart 4 Sale)



16 Count intro.

Alternative: "Lover Please" by The Melroys (160 bpm...32 Count intro - NO Restarts) CD... "The Melroys"

Weave Left. Cross Rock. Side Step Right. Scuff.

- 1 4 Cross step Right over Left. Step Left to Left side. Cross Right behind Left. Step Left to Left side.
- 5 8 Cross rock Right over left. Recover on Left. Step Right to Right side. Scuff Left forward across Right.

Weave Right. Cross Rock. 1/4 Turn Left. Scuff.

- 1 4 Cross step Left over Right. Step Right to Right side. Cross Left behind Right. Step Right to Right side.
- 5 6 Cross rock Left over Right. Recover on Right.
- 7 8 Make 1/4 turn Left stepping forward on Left. Scuff Right forward. (Facing 9 o'clock)

Toe Struts Forward (Right & Left). Right Mambo Forward. Hold.

- 1 4 Step forward on Right toe. Drop Right heel to floor. Step forward on Left toe. Drop Left heel to floor.
- 5 8 Rock forward on Right. Rock back on Left. Step Right Slightly back into Right Diagonal. Hold.

Option: Counts 1 – 4 above ... Right Toe Strut making 1/2 turn Left. Left Toe Strut making 1/2 turn Left.

Heel Swivels x 4. Left Lock Step Back. Hold.

- 1 4 Taking the weight on the Ball of each foot Swivel Heels Left. Right. Left. Right. (Weight on Right)
- 5 8 Step back on Left. Lock step Right across Left. Step back on Left. Hold.

Full Turn Right. Hold. Diagonal Cross Step. Hold. Side Rock.

- 1 4 Make a Full turn Right on the spot stepping Right. Left. Right. Hold.
- 5 6 Cross step Left Diagonally forward across Right. Hold.
- 7 8 Rock Right out to Right side. Recover weight on Left. (Facing 9 o'clock)

Option: Counts 1 – 4 above ... Right Coaster Step. Hold.

Behind. Side. Step Forward. Hold. Step. Pivot 1/2 Turn Right. Step Forward. Hold.

- 1 4 Cross Right behind Left. Step Left to Left side. Step forward on Right. Hold.
- 5 8 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. Hold. ***Restart Point*** (See Note)

Hip Bump Right and Left. Side Step Right. Drag. Back Rock. Left Side Toe Strut.

- 1 2 Step Right to Right side bumping hips Right. Bump hips Left. (Facing 3 o'clock)
- 3 4 Long step Right to Right side. Drag/Slide Left towards and beside Right. (Weight on Right)
- 5 6 Rock back on Left. Rock forward on Right.
- 7 8 Step Left toe to Left side. Drop Left heel to floor.

Right Sailor 1/2 Turn Right. Hitch. Left Lock Step Forward. Scuff.

- 1 2 Cross/Sweep Right behind Left making 1/2 turn Right. Step Left beside Right.
- 3 4 Step forward on Right. Hitch Left knee up. (Facing 9 o'clock)
- 5 8 Step forward on Left. Lock step Right behind Left. Step forward on Left. Scuff Right Slightly forward.

Start Again

Note: When dancing to the music "Do The Cha Cha Cha" 2 x Restarts are needed.......as below!!!!!

Restart Wall 5: Dance to Count 48, then Restart the dance again from the Beginning (Facing 3 o'clock)

Restart Wall 8: Dance to Count 48, then Restart the dance again from the Beginning (Facing 12 o'clock)