

15 Minutes

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Theresa Needham (UK) - June 2009
音樂: 15 Minutes - Rodney Atkins : (CD: It's America)



38 seconds intro starts on the word "Smokin"

FORWARD TOUCH, BACK TOUCH, SIDE TOGETHER, ¼ RIGHT, BRUSH

- 1 – 2 Step forward on R, touch L next to R
- 3 – 4 Step back on L, touch R next to L
- 5 – 6 Step R to R side, step L next to R
- 7 – 8 ¼ turn R stepping forward on R, brush L foot forward [3-00]

LEFT LOCK STEP, BRUSH, CROSS BACK ¼ RIGHT CROSS

- 1 – 2 Step forward on L, lock R behind L
- 3 – 4 Step forward on L, brush R forward
- 5 – 6 Cross R over L, ¼ turn R stepping back on L [6-00]
- 7 – 8 Step R to R side, cross L over R

TOE STRUT BACK ROCK X 2,

- 1 – 2 Touch R toe to R side, drop heel
- 3 – 4 Rock back on L, recover onto R
- 5 – 6 Touch L toe to L side, drop heel
- 7 – 8 Rock back on R, recover onto L

WALK FORWARD R, L, R, KICK, WALK BACK L, R, ¼ TURN L, TOUCH

- 1 – 2 Walk forward R, L
- 3 – 4 Walk forward R, kick L foot forward
- 5 – 6 Step back on L, step back on R
- 7 – 8 Making ¼ turn L step L to L side, touch R beside L [3-00]

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