The Moon Represents My Heart

級數: Improver

編舞者: Lewis Lee (CAN) - June 2009

音樂: The Moon Represents My Heart (月亮代表我的心) - Teresa Teng (鄧麗君)

(1-8) Side, Back-Rock, Side, Behind-Side, Across, Unwind 3/4R-Shift Wt., Side, Drag-Ball	
1, 2&	 Step L foot a large step to L side, 2) Step ball of R foot behind L foot, &) Recover weight on L foot
3, 4&	3) Step R foot a long step to R side, 4) Step ball of L foot behind R foot, &) Step R foot to R side
5, 6&	5) Step L foot across and in front of R foot, 6) Unwind a 3/4 turn R on ball of L foot, (facing 9:00) &) Shift weight on R foot
7, 8&	7) Step L foot a large step to L side, 8) Drag R foot towards L foot, &) Step ball of R foot slightly behind L foot
(9-16) Fwd, Hitch-1/4L, Across, Hold-Side, Cross, Recover-Cross, Hitch 1/4R, Fwd-Lock	
1, 2&	1) Step L foot fwd, 2) Hitch R Knee up, &) Make a 1/4 turn L on ball of L foot, (facing 6:00)
3, 4&	3) Step R foot across and in front of L foot, 4) Hold, &) Step ball of L foot slightly to L side
5, 6&	 5) Step R foot across and in front of L foot, 6) Recover weight on L foot, &) Recover weight on R foot across and in front of L foot,
7, 8&	7) Hitch L knee and make a sharp 1/4 turn R on ball of R foot (facing 9:00), 8) Step L foot fwd, &) Lock R foot behind L foot
(17-24) Fwd-Side, Behind-Side, Across, Side-Tog., Cross-Side, Behind-Side, Across, Side-Tog.	
1&2&	1) Step fwd on L foot, &) Step R foot to R side, 2) Step L foot behind R foot, &) Step R foot to R side
3, 4&	3) Step L foot across and in front of R foot, 4) Step R foot to R side, &) Step L foot next to R foot
5&6&	5) Step R foot across and in front of L foot, &) Step L foot to L side, 6) Step R foot behind L foot, &) Step L foot to L side.
7, 8&	7) Step R foot across and in front of L foot, 8) Step L foot to L side, &) Step R foot next to L foot.
(05.00) Fund F	and 4/01. Find Find 4/00. Find 4/01. 4/01. Olds. Deals Deals
• •	wd-1/2L, Fwd, Fwd-1/2R, Fwd, 1/2L-1/2L, Side, Back-Rock
1, 2&	1) Step fwd on L foot, 2) Step fwd on R foot, &) Make a 1/2 turn L (end weight on L foot, facing 3:00)
3, 4&	 Step fwd on R foot, 4) Step fwd on L foot, &) Make a 1/2 turn R (end weight on R foot, facing 9:00)
5, 6&	5) Step fwd on L foot, (prep. to turn) 6) Make a 1/2 turn L, step back on R foot, &) Make another 1/2 turn L step fwd on L foot. (facing 9:00),
(Easier option: 6) Step fwd on R foot, &) Step fwd on L foot,)	
7, 8&	7) Step R foot to R side, 8) Step ball of L foot behind R foot, &) Recover weight on R foot.
Start Again And Enjoy!	





拍數: 32

牆數:4

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