

# Those Were The Days

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rebecca Armstrong (SCO) - June 2009  
音樂: Back To the 80's - Aqua : (Album: Greatest Hits)



## **(1-8) CROSS, SIDE, ROCK RECOVER, SIDE, BEHIND, SIDE ¼, FWD SHUFFLE**

1-2      step R across L, step L to L side  
3&4      rock R behind L, recover on to L, step R to R side  
5-6      step L behind R, make ¼ turn R stepping R to R side  
7&8      step fwd on L, step R beside L, step fwd on L

## **(9-16) CROSS BACK SIDE ¼ CROSS POINT, TOUCH KICK, BACK LOCK STEP**

1-2      step R across L, step back on L  
3&4      make ¼ turn R stepping R to R side, step L across R, point R to R side  
5-6      touch R beside L, kick R fwd  
7&8      step back on R, lock L across R, step back on R

## **(17-24) KICK FWD, KICK SIDE, SAILOR STEP, ROCK FWD RECOVER, ¾ SHUFFLE**

1-2      kick L fwd, kick L to L side  
3&4      step L behind R, step R to R side, step L to L side  
5-6      rock fwd on R, recover on L  
7&8      make ½ turn R stepping fwd on R, step L beside R, make ¼ turn R stepping fwd on R

## **(25-32) WALK WALK, HEEL TWISTS ¼ L, CROSS ¼ SIDE, L SIDE SHUFFLE**

1-2      step fwd on L, step fwd on R  
3&4      twist heels to R, bring heels back to centre, make ¼ turn L twisting heels to R (keeping weight on R foot)  
5-6      step L across R, make ¼ turn L stepping back on R  
7&8      step L to L side, step R beside L, step L to L side

Thanks to William for the music tip!!

<http://www.msplinks.com/MDFodHRwOi8va...>

EMAIL: [becciarmsstrong@aol.com](mailto:becciarmsstrong@aol.com)