Poco Pelo

拍數: 32

級數: Improver

編舞者: Kenny Teh (MY) - June 2009

音樂: Poco Pelo - Los Socios del Ritmo

Start dance on vocals (after 32 counts intro)(16 Seconds)

FWD, ½ TURN BACK, BACK, BUMP HIPS, FWD, ½ TURN BACK, BUMP HIPS

Step R fwd, 1/2 turn R step L back, step back R 123

4&567 Step L back diagonal and bump hips LRL, step R fwd, ¹/₂ turn R step L back

(Styling note: 4&5 Facing diagonally L, elbows bent, cross both hands, Return hands and cross both hands again)

8&1 Step R back diagonal and bump hips RLR

(Styling note:8&1 Facing diagonally R, elbows bent, cross both hands, Return hands and cross both hands again)

BACK, BACK, COASTAL, SIDE TOUCH, ½ TURN HITCH, SHUFFLE FWD

234&5 Step L back, step right back, step L back , step R beside L, step fwd L

678&1 Touch R to R, ¹/₂ turn R hitch R, shuffle fwd RLR

SIDE, HIP PUSH, BUMP HIPS x2

234&5 Step L to L, push L hip L, bump hips RLR

678&1 Step L to L, push L hip L, bump hips RLR

(Styling note: 2 3 and 6 7 Lift both hands crossed above head.)

(4&5 and 8&1 Cross both hands, uncross, cross again)

1/4 TURN FWD, FULL SPIRAL TURN, 1/2 PIVOT, SHUFFLE

234&5 1/4 turn L step left fwd, step R fwd doing a full L spiral turn, shuffle fwd LRL

678&1 Step R fwd, pivot 1/2 turn L, shuffle RLR

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牆數:4