

If I Could Change

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ruben Luna (USA) - March 2009
音樂: Change the World - Eric Clapton



Dance Begins after 32 counts on vocals

Step Fwd Right, Left, Right, Chase Turn Right, Step Fwd Right Point Left, ¼ Turn Step Left, Ball Cross

1-3 Step forward right, left, right on left diagonal (11:00)
4&5 Step forward left, ½ turn right (weight on right), step forward left (5:00)
6-7 Step forward right, point left to left side
8&1 Step onto left ¼ turn left (1:00), Step right ball of foot forward, cross left over right

Rock Recover, 1 ½ Turn To Right, Rock Recover Cross 3/8 Turn Right, Chase Turn Left

2-3 Rock right foot forward, recover onto left
4&5 Step right ½ turn right, step left ½ turn right, step right ½ turn right (7:00)
6&7 Step left forward, recover onto right 3/8 turn right (12:00), step left forward
8&1 Step forward with right, ½ turn left (weight on left) Step forward on right (6:00)

2nd RESTART: On wall 5, 2nd restart occurs AFTER count 8, instead of stepping forward on count 1, step on diagonal to restart dance

Rock Recover, Lock Step Back, ½ Turn Right, ½ Turn Right, Triple ½ Turn Right

2-3 Step forward left, recover onto right
4&5 Step back left, lock right in front of left step left back
6-7 Step right ½ turn right (12:00), step left ½ turn right (6:00)
8&1 Step right ¼ turn right (9:00), step left next to right, step left ¼ turn right (12:00)

Cross Rock Right, Cross Rock Left, Lock Step Forward, Chase Turn Left

2&3 Cross left over right, recover onto right, step left next to right
4&5 Cross right over left, recover onto left, step right next to left
6&7 Step forward onto left, lock right behind left, step forward onto left
8&1 Step forward onto right, ½ turn left (weight on left), step forward onto right

Step Forward Left ¼ Turn Right, Step Right Forward ½ Turn Right, ½ Turn Hitch Right, ¼ Turn Sailor Left, ¼ Turn Left Rock Recover Cross

2-3 Step forward left ¼ turn right, (9:00) step right ½ turn right (3:00)
4&5 Hitch left ½ turn right, (9:00) cross left over right on ball of foot, step right to right side
6&7 Step left behind right ¼ turn left, step right next to left, step left forward (6:00)
8&1 Step forward right foot, ¼ turn left, (3:00) cross right over left

Sway Left, Right, Vine To The Right, Sway Right, Left, Vine To The Left

2-3 Step left to left side and sway, step right to right side and sway
4&5 Step left behind right, step right to right side, cross left in front of right
6-7 Step right to right side and sway, step left to left side and sway
8&1 Step right behind left, step left to left side, step right in front of left

½ Turn Right, Sit Into Left Hip Step Left Back Sit Into Right Hip, Lock Step Forward, ¼ Turn Left Rock Recover Cross

2-3 ½ turn to right, (9:00) step left foot back, sit into left hip
4-5 Step right foot back, sit into right hip
6&7 Step forward left foot, lock right behind left, step forward left
8&1 Step forward right foot, ¼ turn left, (6:00) cross right over left

1st RESTART: On wall 2, 1st restarts OCCURS AFTER count 3, hold for one additional count then restart on

diagonal

Press Left, Syncopated Vine Right, Rock Recover, 3/4 Turn Right

- 2-3 Press left to left side, recover onto right
- 4&5 Step left behind right, step right to right side, step left in front of right
- 6-7 Rock Forward right On Diagonal (7:00) recover onto left
- 8& ½ turn right step right forward (1:00), ¼ turn right step forward left (5:00)
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