San Francisco Cha

拍數: 32

級數: Improver

編舞者: Kathy Hunyadi (USA) - May 2009

音樂: San Francisco (Be Sure to Wear Flowers In Your Hair) - Scott McKenzie

Dance begins after 8 Count intro, just before vocals.

(1-8) Side Step Left, Rock Back, Recover, Triple Right, Rock Forward, Recover, Triple Left With 1/4 Turn Left	
1-3	Step L side left, Rock back on R, Recover weight to L
4&5	Step R side right, Step L beside R, Step R side right
6,7	Rock L forward, Recover weight to R
8&1	Step L side left, Step R beside L, Turn 1/4 left stepping L forward
(9-16) Step, 1/2 Turn Left, Triple Forward, Step, 1/4 Turn Right, Weave	
2,3	Step R forward, Turn 1/2 left stepping L in place
4&5	Step R forward, Step L up to R, Step R forward
6,7	Step L forward, Turn 1/4 right stepping R in place
8&1	Step L across R, Step R side & slightly back, Step L behind R
(17-24) Side Rock, Triple Forward, Side Rock, Triple Forward	
2,3	Rock side right, Recover weight to L
4&5	Step R forward, Step L up to R, Step R forward
6,7	Rock side left, Recover weight to R
8&1	Step L forward, Step R up to L, Step L forward
(25-32) Rock, Recover, Triple Step Back, Rock, Recover, Side Together Left	
2,3	Rock R forward, Recover weight to L
4&5	Step R back, Step L across R, Step R back
6,7	Rock L back, Recover weight to R
8&	Step L side left, Step R beside L
Begin Again!	
TAG: At END of wall 2 & wall 4 – Step L to side, Touch R beside L, Step R to side, Touch L beside R	

RESTART: On wall 5 – do only first 28 counts (ends with triple step back) then restart dance from beginning. Even though the song goes off phrase again continue to do the dance as choreographed Counts 1 - 32.

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牆數:2