

Speak With Your Heart

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - May 2009
音樂: Don't Tell Me You're Not In Love - Collin Raye : (CD: Never Going)



(start after 32 count intro)CCW.

(1-9) R side, L cross rock & recover, L chasse with ¼ L, R fwd, ¼ L pivot turn, R cross shuffle

1-3 Step R side, L cross rock, recover weight on R
4&5 Step L side, step R together, turning ¼ left step L forward (9 o'clock)
6-7 Step R forward, pivot ¼ left (6 o'clock)
8&1 Cross step R over L, step L side, cross step R over L

**Ending: During the 9th wall (which starts facing L side wall) to end the dance facing front:
dance counts 1-5 above and then add the following:**

6-7 Step R forward, pivot ½ L (12 o'clock)
8&1 Step R forward, step L together, step R forward & hold

(10-17) L side rock & recover, L sailor, R behind, ¼ step L fwd, R fwd, L fwd rock & recover

2-3 Rock L side, recover weight on R
4&5 Cross step L behind R, step R side, step L side
6&7 Cross step R behind L, turning ¼ left step L forward, step R forward (3 o'clock)
8-1 Rock L forward, recover weight on R

(18-24) Full L turn back, L coaster step, R syncopated fwd box step, start of L box back

2-3 Travelling back turn ½ left and step L forward, turning ½ left step R back (3 o'clock)

Easy option: Walk back only on counts 2-3

4&5 Step L back, step R together, step L forward
6&7 Step R side, step L together, step R forward
8 Step L side

**(25-32) Finish the box (side/together), R back, L coaster, R fwd, ¼ L pivot, ¼ L & R cha
(completing the cha on count 1 to start the dance again)**

1-3 Step R together, step L back, step R back
4&5 Step L back, step R together, step L forward
6-7 Step R forward, pivot ¼ left swaying hips (12 o'clock)
8& Turning ¼ left step R side, step L together (9 o'clock)

Tag: After dancing 4 walls you will be facing the front wall again. Dance the following 8 counts and begin the dance again facing front.

1-3 Step R side, L cross rock, recover weight on R
4&5 Step L side, step R together, turning ¼ left step L forward (9 o'clock)
6-7 Step R forward, pivot ½ left (3 o'clock)
8& Turning ¼ right step R side, step L together (12 o'clock)

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