Cool Chick



拍數: 64 牆數: 4 級數: Improver / Easy Intermediate

編舞者: Robbie McGowan Hickie (UK) - May 2009

音樂: Please Mama Please - Go Cat Go: (CD: Billy, Vol. 1 - Various Artists)



Dedicated to an Amazing & Lovely Lady ... "B" ... on the Celebration of her 95th Birthday - 21st May 2009

Long intro - Start 16 Counts from Main Beat

Left Lock Step Forward. Scuff. Right Mambo Forward. Hold.

- 1 4 Step forward on Left. Lock step Right behind Left. Step forward on Left. Scuff Right forward.
- 5 8 Rock forward on Right. Rock back on Left. Step back on Right. Hold.

Toe Struts Back (Left & Right). Left Coaster Step. Hold.

- 1 4 Step back on Left toe. Drop Left heel to floor. Step back on Right toe. Drop Right heel to floor.
- 5 8 Step back on Left. Step Right beside Left. Step forward on Left. Hold.

Option: Counts 1 – 4 above ... Left toe strut 1/2 turn Left. Right toe strut 1/2 turn Left.

Charleston Steps with Holds.

- 1 2 Sweep Right Out and Around from Back to Front Kicking Right forward across Left. Hold.
- 3 4 Step back on Right. Hold.
- 5 8 Touch Left toe back. Hold. Step forward on Left. Hold. (Facing 12 o'clock)

Right Side Step. Together. Step Forward. Hitch. Left Side Step. Together. 1/4 Turn Left. Hold.

- 1 4 Step Right to Right side. Close Left beside Right. Step forward on Right. Hitch Left knee across Right.
- 5 8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left. Hold.

Ending: ***See Below***

Right Cross Toe Strut. Left Side Toe Strut. Right Sailor Step with Hold.

- 1 2 Cross step Right toe over Left. Drop Right heel to floor. (Facing 9 o'clock)
- 3 4 Step Left toe to Left side. Drop Left heel to floor.
- 5 8 Cross Right behind Left. Step Left beside Right. Step Right to Right side. Hold.

Left Cross Toe Strut. Right Side Toe Strut. Left Sailor Step with Hold.

- 1 2 Cross step Left toe over Right. Drop Left heel to floor.
- 3 4 Step Right toe to Right side. Drop Right heel to floor.
- 5 8 Cross Left behind Right. Step Right beside Left. Step Left to Left side. Hold.

Cross. Hold. 1/4 Turn Right. Hold. Right Sailor Step 1/4 Turn Right with Hold.

- 1 4 Cross step Right over Left. Hold. Make 1/4 turn Right stepping back on Left. Hold.
- 5 6 Sweep/Cross Right behind Left making 1/4 turn Right. Step Left beside Right.
- 7 8 Step forward on Right. Hold. (Facing 3 o'clock)

Left Mambo Forward. Hold. Right Coaster Step. Hold.

- 1 4 Rock forward on Left. Rock back on Right. Step back on Left. Hold.
- 5 8 Step back on Right. Step Left beside Right. Step forward on Right. Hold. (Facing 3 o'clock)

Start Again

Ending:

Music Ends During Wall 8 (Facing 9 o'clock) ... To End with the Music, dance up to Count 32 ... then Pivot