

Take My Heart

拍數: 32 牆數: 4 級數: Beginner / Novice
編舞者: Iliane Raiza van der Graaf (NL) - May 2009
音樂: Take My Heart - Chris Isaak : (CD: Mr. Lucky Charleston)



Intro: 32 counts

POINT, TOUCH, POINT, CLOSE, SIDE TOGETHER, STEP FORWARD, POINT, TOUCH, POINT, TOUCH, SIDE, TOGETHER, STEP BACK

1 touch right to the right side
& touch right next to left
2 touch right to the right side
& step right next to right
3 step left to the left side
& step right next to left
4 step forward on left
5 touch right to the right side
& touch right next to left
6 touch right to the right side
& touch right next to left
7 step right to the right side
& step left next to right
8 step back on right

SIDE ROCK, RECOVER, BEHIND, SIDE STEP, STEP FORWARD, ROCK FORWARD, RECOVER, SAILOR ½ TURN RIGHT

9 rock left to the left side
10 recover onto right
11 step left behind right
& step right to the right side
12 step forward on left
13 rock forward on right
14 recover onto left
15 make ½ turn right, step right behind left
& step left to the left side
16 step forward on right

CHARLESTON STEPS, SHUFFLE FORWARD, STEP FORWARD, PIVOT ½ TURN LEFT, STEP FORWARD

17 touch left toes forward
18 step back on left
19 touch right toes back
20 step forward on right
21 step forward on left
& step right next to left
22 step forward on left
23 step forward on right
& make ½ turn left
24 step forward on right

Option:

17 touch left toes forward, turn both heels in
& turn both heels out, going back with left

18 step back on left, turn both heels in
& turn both heels out, going back with right
19 touch right toes back, turn both heels in
& turn both heels out, going forward with right
20 step forward on right, turn both heels in

**SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS, ROCK FORWARD, RECOVER,
SAILOR ¼ TURN LEFT**

25 rock left to the left side
& recover onto left
26 step left over right
27 rock right to the right side
& recover onto left
28 step right over left
29 rock forward on left
30 recover onto right
31 make ¼ turn left, step left behind right
& step right to the right side
32 step forward on left

WWW.TENNESSEELINEDANCERS.COM
