

Dum tek tek

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Arne Stakkestad (BEL) - May 2009
音樂: Dum Tek Tek - Hadise : (Eurovision 2009)



Intro: 32 counts Order of dance: A,tag,B, A,A,tag,B,A,A,B,B (16)

Part A 32 counts

(1-8) Right Lunge, triple stomp, left lunge, triple stomp

1-2 RF big step right side, recover weight on LF
3&4 RF stomp beside LF, LF stomp beside RF, RF stomp beside LF
5-6 LF big step left side, recover weight on RF
7&8 LF stomp beside RF, RF stomp beside LF, LF stomp beside RF

(9-16) 1/8 left Pivots with hip bumps

1& 1/8 left RF step beside LF (hips right), weight on LF (hips left)
2& 1/8 left RF step beside LF (hips right), weight on LF (hips left)
3& 1/8 left RF step beside LF (hips right), weight on LF (hips left)
4& 1/8 left RF step beside LF (hips right), weight on LF (hips left)
5& 1/8 left RF step beside LF (hips right), weight on LF (hips left)
6& 1/8 left RF step beside LF (hips right), weight on LF (hips left)
7& 1/8 left RF step beside LF (hips right), weight on LF (hips left)
8 1/8 left RF step beside LF (hips right) (12h)

(17-24) Left rockstep, coasterstep, right rockstep, coasterstep

1-2 LF rock forward, recover weight on RF
3&4 LF step backwards, RF step beside LF, LF step forward
5-6 RF rock forward, recover weight on LF
7&8 RF step backwards, LF step beside RF, RF step forward

(25-32) 1/8 right Pivots with hip bumps

1& 1/8 right LF step beside RF (hips left), weight on RF (hips right)
2& 1/8 right LF step beside RF (hips left), weight on RF (hips right)
3& 1/8 right LF step beside RF (hips left), weight on RF (hips right)
4& 1/8 right LF step beside RF (hips left), weight on RF (hips right)
5& 1/8 right LF step beside RF (hips left), weight on RF (hips right)
6& 1/8 right LF step beside RF (hips left), weight on RF (hips right)
7& 1/8 right LF step beside RF (hips left), weight on RF (hips right)
8 1/8 right LF step beside RF (hips left) (12h)

Tag 20 counts

(1-8) Walk full circle right

1-2 1/8 right RF step forward, 1/8 right LF step forward
3-4 1/8 right RF step forward, 1/8 right LF step forward
5-6 1/8 right RF step forward, 1/8 right LF step forward
7-8 1/8 right RF step forward, 1/8 right LF step forward (12h)

(9-16) Jazz box cross, side, touch chasse

1-2 RF cross before LF, LF step backwards
3-4 RF step to right side, LF cross before RF
5-6 RF big step right side, LF touch beside RF
7&8 LF step to left side, RF step beside LF, LF step to left side

(17-20) Shimmy shoulders, stomp, hold

- 1-2 RF step to right side and move shoulders, hold and move shoulders
3-4 LF stomp beside RF (weight LF) and point right finger forward, hold and point right finger forward

Part B 32 counts

(1-8) Rockstep, tripple full turn, step, hook, touch, hitch, touch

- 1-2 RF rock forward, recover weight on LF
3&4 1/3 right RF beside LF, 1/3 right LF beside RF, 1/3 right RF beside LF
5-6 LF step forward, RF hook behind LKnee (slap with LHand)
7&8 RF touch to right side, RKnee hitch across LKnee, RF touch to right side

(9-16) Rockstep, shuffle ½ right, side, touch, hip bumps

- 1-2 RF rock forward, recover weight on LF
3&4 ¼ right RF step to right side, LF step beside RF, ¼ right RF step forward
5-6 LF step to left side, RF touch beside LF
7&8 RF step to right side and bump hips right, bump hips left, bump hips right

(17-24) Rockstep, tripple full turn, step, hook, touch, hitch, touch

- 1-2 LF rock forward, recover weight on RF
3&4 1/3 left LF beside RF, 1/3 left RF beside LF, 1/3 right LF beside RF
5-6 RF step forward, LF hook behind RKnee (slap with RHand)
7&8 LF touch to left side, LKnee hitch across RKnee, LF touch to left side

(25-32) Cross step, touch, sailorstep, pivot, pivot step

- 1-2 LF cross before RF (bow knees), RF touch to right side
3&4 RF cross behind LF, LF step to left side, RF step forward
5-6 LF step forward, ½ right weight on RF
7&8 LF step forward, ½ right weight on RF, LF step forward
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