Sweet Home Chicago



拍數: 48 牆數: 1 級數: Basic Beginner

編舞者: Diane Kale (USA) - May 2009

音樂: Sweet Home Chicago - The Blues Brothers



VINE RIGHT, STEP TOUCHES

1-2-3-4 Right step right, left step behind right, right step right, touch left next to right,

5-6 Left step left, touch right next to left,7-8 Right step right, touch left next to right.

VINE LEFT, STEP TOUCHES

1-8 Repeat above 8 counts starting with a left foot lead.

WALK FORWARD 4 X'S, STEP TOUCHES

1-2-3-4 Walk forward right, left, right, left,
5-6 Right step right, touch left next to right,
7-8 Left step left, touch right next to left.

STEP TOGETHER, TURN 1/4 RIGHT, TOUCH, STEP TOGETHER, TURN 1/4 LEFT, TOUCH

1-2-3-4 Right step right, bring left next to right, right step ¼ right, touch left, [3:00]

5-6-7-8 Left step left, bring right next to left. Left step ¼ left, touch right next to left. [12:00]

WALK BACK 4 X'S. STEP, TOUCH, STEP TOUCH

1-2-3-4 Walk back right, left, right, left,

5-6 Right step right, touch left next to right7-8 Left step left, touch right next to left.

4 PADDLE TURNS LEFT

1-2 Step ball of right foot forward, turn ¼ turn left stepping onto left foot,

3-8 Repeat counts 1 and 2 three more times. [12:00]

REPEAT

This song is over 7 minutes long. I cut it to 3:22, works out well.

"Stay Light on Your Feet and in Your Heart"