

The Storm Inside

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ria Vos (NL) - May 2009
音樂: You Do Something to Me - Laura Michelle Kelly : (Album: The Storm Inside)



Intro: 32 counts

R Step Fwd with L Sweep, Cross, Back, ¼ Turn L, Full Turn L, Cross Rock (Lunge) Rec., & Cross Unwind Full Turn R, Rock Back, Rec.

- 1-2 Step Fwd on R Sweeping L from Back to Front, Cross L Over R
&3 Step back on R, ¼ Turn L Step L to L Side (9:00)
4& Turn ½ L Step R to Right Side, Turn ½ Left Step L to Left Side (9:00)
5-6 Lunge/Rock R Over L, Recover on L
&7 Step R Slightly Back and to Right Side, Cross L over R Unwind Full Turn R Sweeping R Around
8& Rock Back on R, Recover on L

Side, Basic ¼ Turn R, Basic, Behind, Unwind ½ Turn L, Cross, Side Rock, Rec

- 1 Step R Long Step to Right Side
2&3 Rock Back on L, Recover on R, Turn ¼ Right Step L Long Step to Left Side (12:00)
4&5 Rock Back on R, Recover on L, Step R Long Step to Right Side
6-7 Lock L Behind R (Dip Down), Slowly Unwind ½ Turn Left Weight on L (Come Up Again) (6:00)
8&1 Cross R Over L, Rock L to Left Side, Recover on R

Cross, ¼ Turn L Step Back, Sway L, Full Turn R Sway R, Sway L, Cross, ¼ Turn R, Together

- 2&3 Cross L over R, Turn ¼ Left Step Back on R, Step & Sway L to Left Side (3:00)
4& Turn ¼ Right Recover on R, Turn ½ Right Step L Slightly Backwards
5-6 Turn ¼ Right Step & Sway R to Right Side, Sway L (3:00)
7&8 Cross R over L, Turn ¼ Right Step back on L, Step R next to L (Slightly Backwards) (6:00)

Cross, ¼ Turn L Step Back, ¼ Turn L Step Side, Cross Rock Rec., Point, Monterey ½ Turn R, Side Rock, Rec, Step Fwd, Cross Rock, Rec. ¼ Turn R

- 1 Cross L Over R
2& Turn ¼ Left Step Back on R, Turn ¼ Left Step L to Left Side (12:00)
3&4 Cross Rock R over L, Recover on L, Point R to Right Side***Restart point on wall 6
5 Monterey ½ Turn Right Step R next to L (6:00)
6&7 Rock L to Left Side, Recover on R, Step Fwd on L Sweep R from Back to Front
8& Cross Rock Fwd On R, Recover on L ¼ Turn Right (9:00)

Restart: On Wall 6 After Count 28 (9:00)

This occurs after the instrumental part.

On the instrumental part the beat is hard to hear, just keep dancing and counting ?

Ending: The beat will slow down on last 14 counts, dance until count 14 (Lock Behind) (3:00)

Slowly unwind 1 ¼ Turn Left to face Front (12:00)