

# Disturbia

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4  
編舞者: Amy Christian (USA) - May 2009  
音樂: Disturbia - Rihanna

級數: Easy Intermediate



Intro: 32 Count

## Side, Rock, R Sailor, Skate, Skate, Skate, Skate,

- 1-2            Rock out to right side on R foot, Recover on L foot,  
3&4            Swing R foot behind L, stepping behind L foot(3), Step L foot to left side(&), Step R foot to R side(4),  
5-8            Skate moving fwd L, R, L, R,

## Step Fwd, Touch, R Coaster, Step, Pivot 1/2, Fwd Shuffle,

- 1-2            Step fwd on L foot, Touch R foot next to L foot,  
3&4            Step Back on R foot, Step L next to R, Step R foot fwd,  
5-6            Step fwd on L foot, Pivot ½ Stepping R fwd,  
7&8            Shuffle fwd, L, R, L,

## Press, Slide, Press, Slide, Side Rock, Cross Shuffle

- 1-2            Press ball of R foot next to L, Slide L foot to L side,  
3-4            Press ball of R foot next to L, Slide L foot to L side,  
5-6            Rock R foot to right side, Recover on L foot,  
7&8            Cross R foot over L foot, Step L foot to left side, Cross R foot over L foot,

## Touch Out, Touch In, Touch Out, ¼ Hitch, Step, Together, Swivel Heels

- 1-3            Touch L foot to left side, Touch L next to R, Touch L to L side,  
4              ¼ Turn left twisting on R foot, Hitching L foot,  
5-6            Step fwd on L foot, Step R foot next to L foot,  
7-8            Swivel heels out, Look right(7), Swivel heels in, Look forward(8),

Start again!

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