

Moscow's A&O

拍數: 32 牆數: 4 級數: Beginner / Novice Lilt
編舞者: Petra Kieseletter (DE) & Georg Kieseletter (DE) - April 2009
音樂: Miss Kiss Kiss Bang (Radio Version) - Alex Swings Oscar Sings! : (German contribution to Eurovision Song Contest 2009)



Start with lyrics after 8 beats intro

Sugar Foot, Lindy Right

- 1 RF forward with heel pointing inward. While taking weight twist heels outward
- 2 LF forward with heel pointing inward. While taking weight twist heels outward
- 3 RF forward with heel pointing inward. While taking weight twist heels outward
- 4 LF forward with heel pointing inward. While taking weight twist heels outward
- 5 RF sideward
- a LF together
- 6 RF sideward
- 7 LF behind RF
- 8 RF take weight again

Lindy Left, Kick, Kick Diagonally Right into Point Switches (l-r)

- 1 LF sideward
- a RF together
- 2 LF sideward
- 3 RF behind RF
- 4 LF take weight again
- 5 RF kick forward
- 6 RF kick diagonally right
- a RF together
- 7 LF point sideways left
- a LF together
- 8 RF point sideways right

Restart here during 4th round (after 16 beats instrumental).

Shuffle Forward, $\frac{3}{4}$ Spiral (cw), Side into Knee Flaps w. Bounces

- 1 RF forward
- a LF behind RF
- 2 RF forward
- 3 LF cross in front
- 4 LF turn three quarters clockwise on left ball. Right Tip remains in original place

Restart here during 10th round (after 20 beats starting with step dance sounds through a saxophone solo).

- 5 RF place sideward without weight
- a lift onto balls and open knees
- 6 drop both heels, flap knees inward and shift weight a bit towards right
- a lift onto balls and open knees
- 7 drop both heels, flap knees inward and shift weight a bit towards right
- a lift onto balls and open knees
- 8 RF drop both heels, flap knees inward and take weight on right

Kick-Ball-Cross, Kick-Ball-Cross, Side into Knee Flaps w. Bounces

- 1 LF kick diagonally forward left
- a LF step onto ball close to right
- 2 RF cross in front

- 3 LF kick diagonally forward left
- a LF step onto ball close to right
- 4 RF cross in front
- 5 LF place sideward without weight
- a lift onto balls and open knees
- 6 drop both heels, flap knees inward and shift weight a bit towards left
- a lift onto balls and open knees
- 7 drop both heels, flap knees inward and shift weight a bit towards left
- a lift onto balls and open knees
- 8 LF drop both heels, flap knees inward and take weight on left

Start Again...
