

Sag, Drag & Fall

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Frank Trace (USA) - January 2009
音樂: Sag, Drag and Fall - Sid King & The Five Strings : (CD: Ain't I'm A Dog)



Or : "Wastin' Time With You" by Carlene Carter (bpm 184)

This is a tribute to the fun lovin' "Rockabilly" sound of the 50's.

DIAGONAL RIGHT STEP, SLIDE, STEP, SCUFF DIAGONAL LEFT STEP, SLIDE, STEP, SCUFF

1-4 Step R diagonally to Right, slide L up to meet R, step R diagonally Right, scuff L forward
5-8 Step L diagonally Left, slide R up to meet L, step L diagonally Left, scuff R forward

STEP SCUFFS MAKING "ARC" PATTERN

1-8 Step R, scuff L, step L, scuff R, step R scuff L, step L scuff R (3:00)

Note: As you do the step scuffs you are making an "arc" pattern, doing a 3/4 turn left ending at the 3:00 wall.

TOE STRUT JAZZ BOX

1-8 Cross R toe over L, step down on R, step L toe back, step down on L, step R toe to Right side, step down on R, step L toe slightly forward, step down on L

FORWARD STEP, SLIDE, STEP, HOLD, STEP, 1/2 PIVOT, STEP, HOLD

1-4 Step R forward, slide L up to meet R, step R forward, hold
5-8 Step L forward, pivot 1/2 to Right, step L forward, hold (9:00)

REPEAT

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