

Souled Out

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kim Ray (UK) - April 2009
音樂: It's Alright - Seal



Step Touch, Step Kick, Step Back, Coaster Step, Step Forward

1-2 Step right to right side, touch left toe to left side facing left diagonal
3-4 Step left in place, kick right forward
5 Step back on right
6&7 Step back on left, step right next to left, step forward on left
8 Step forward on right

Shuffle Forward, Step Forward, ¼ Pivot Turns Left X2, Rock/Recover

9&10 Step forward on left, step right beside left, step forward on left
11-12 Step forward on right, ¼ pivot turn left
13-14 Step forward on right, ¼ pivot turn left
15-16 Rock forward on right, recover back on left

Triple ¾ Turn Right, Rock/Recover, Full Turn, Step Forward, Hold

17&18 On the spot ¾ triple turn right, stepping right, left, right
19-20 Rock forward on left, recover back on right
21&22 Full triple turn left, stepping left, right left (non turning option: coaster step)
23-24 Step forward on right, hold

Ball Step, Rock/Recover, Coaster Cross, ¼ Turn Left, ½ Turn Left, ¼ Turn Left, Together

&25 Step left next to right,
26-27 Rock forward on left, recover back on right
28&29 Step back on left, step right next to left, cross left over right
30-31 ¼ turn left stepping back on right, ½ turn left stepping forward on left
32& ¼ turn left stepping right to right side, step left next to right

(non turning option: 30-32& - Step right to right side, step left next to right, step right to right side, step left next to right)
