Touch Me Baby



拍數: 32 牆數: 4 級數: Intermediate (Newline)

編舞者: Ross Brown (ENG) - May 2009

音樂: Touch Me - Flo Rida: (CD: R.O.O.T.S, 3:10)



Intro: 16 Counts (Approx. 14 Secs)

WALK, WALK. OUT, OUT, HEEL BOUNCE. TAP HEEL. TAP HEEL TWICE.

1-2 Walk forward; right, left.

Step right to the right, step left to the left, raise both heels, place both heels.

&5 Angle body left raising left heel, centralise body placing left heel.&6 Angle body right raising right heel, centralise body placing right heel.

&7&8 Angle body left raising left heel, place left heel, raise left heel, place left heel. (12 o'clock)

TOGETHER, CROSS. COASTER 1/4 TURN with PRESS. COASTER STEP. PRESS, RECOVER with HITCH, BACK.

&1 Step left next to right, cross step right over left.

2&3 Make a ¼ turn right stepping back with left, step right next to left, press left foot forward.

4&5 Step back with right, step left next to right, step forward with right.

6-7-8 Press left foot forward, recover onto right hitching left knee up, step back with left. (3 o'clock)

STEP ½ TURN R, BACK STEP ¼ TURN R. STEP ¼ TURN R, BACK STEP ¼ TURN R. TRIPLE ROCK STEP, HITCH. TRIPLE ROCK STEP, HITCH.

Make a ¾ turn right stepping; forward with right, back with left.
Make a ½ turn right stepping; forward with right, back with left.

5&6& Rock back with right, recover onto left, rock back with right, hitch left knee around.

7&8& Rock back with left, recover onto right, rock back with left, hitch right knee around.(12 o'clock)

SIDE ROCK 1/4 TURN R, RECOVER. SAILOR KICK. STEP, KICK TWICE. TOGETHER, HITCH 1/2 TURN R.

1-2 Make a ¼ turn right rocking right to the right, recover onto left.

3&4 Cross step right behind left, step left to the left, kick right foot forward.

5-6-7 Step forward with right, kick left foot forward twice.

&8 Step left next to right, make a ½ turn right hitching right knee up (3 o'clock)

End of Dance. Start again and Enjoy!

Optional Stuff:

SECTION 1: Each time you Tap your Heel, nod your head down, then raise it with your Heel.

SECTION 2: Each time you Press Forward, push your right hand forward in a "Stop" motion.

SECTION 4:

Each time you Kick a foot forward, punch either hand forward.

Also, on each Kick you could slightly Scoot forward on your opposite foot.

On the HITCH ½ TURN, with both hands clenched and facing downwards, place left wrist on top of your right wrist, and push your right elbow into the air