Guitar Hero



編舞者: Ross Brown (ENG) - May 2009 音樂: Old Time Rock & Roll - Bob Seger



Intro: 16 Counts (Approx. 8 Secs)

FORWARD, SIDE. BEHIND, SIDE, CROSS. 3/4 UNWIND L, SIDE. BEHIND, SIDE, CROSS.

1-2 Step forward with right, step left to the left.

3&4 Cross step right behind left, step left to the left, cross step right over left.

5-6 Unwind a ¾ turn left, step right to the right.

7&8 Cross step left behind right, step right to the right, cross step left over right. (3 o'clock)

SIDE ROCK, RECOVER. CROSS SHUFFLE. SIDE ROCK, RECOVER 1/4 TURN R. SHUFFLE FORWARD.

1-2 Rock right to the right, recover onto left.

3&4 Cross step right over left, close left up to right, cross step right over left.

5-6 Rock left to the left, make a ¼ turn right recovering onto right.

7&8 Step forward with left, close right up to left, step forward with left. (6 o'clock)

HEEL SWITCHES. STEP, PIVOT ½ TURN L. HEEL SWITCHES. STEP, PIVOT ¼ TURN L.

1&2& Tap right heel forward, step right next to left, tap left heel forward, step left next to right.

3-4 Step forward with right, pivot a ½ turn left.

5&6& Tap right heel forward, step right next to left, tap left heel forward, step left next to right.

7-8 Step forward with right, pivot a ½ turn left. (9 o'clock)

JAZZ BOX with TOGETHER. JAZZ JUMPS; FORWARD, BACK, FORWARD, BACK.

1-2-3-4 Cross step right over left, step back with left, step right to the right, step left next to right.

&5&6 Jump forward onto right foot, jump left next to right with a small gap, jump back with right

foot, jump left next to right with a small gap.

&7&8 Repeat Counts &5&6 of this Section. (9 o'clock)

Optional: As you do the JAZZ BOX feel free to pull out your Air Guitar and give it a quick play.

End of Dance. Start again and Enjoy!