

Breakin Saucers

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Michele Perron (CAN) - March 2009
音樂: Breakin' Dishes - Rihanna : (CD: Good Girl Gone Bad)



Introduction: 40 Counts (do not begin on the first lyrics)

*Breakin Saucers can be used as a split floor dance with Breakin Dishes or any Pop-RnB

Sec 1 (1-8) Side, Behind, Side, Together, Twist L 4x

1,2 RIGHT Step side R; LEFT Step crossed behind R
3,4 RIGHT Step side R; LEFT placed beside R (no weight)
5,6 Twist heels L; Twist Toes L
7,8 Twist heels L; Twist Toes to centre

Sec 2 (9-16) Side, Behind, Turn, Touch, Rock/Forward, Recover/Back, L Triple Back

1,2 RIGHT Step side R; LEFT Step crossed behind R
3,4 Turn 1/4 R with RIGHT Step forward; LEFT Touch beside R (3 o'clock)
5,6 LEFT Rock/Step forward; RIGHT Recover Step back
7&8 LEFT Triple ba ck (L back, R beside, L back)

Sec 3 (17-24) Rock/Back, Recover/Forward, R Triple Forward, L Triple Forward, Forward, Turn

1,2 RIGHT Rock/Step back; LEFT Recover/Step forward
3&4 RIGHT Triple forward (R forward, L beside, R forward)
5&6 LEFT Triple forward (L forward, R beside, L forward)
7,8 RIGHT Step forward; Turn 1/2 L with LEFT Step forward (9 o'clock)

Sec 4 (25-32) Turn, Recover/Side, Back, Across; Rock/Side, Recover/Side, Back, Across

1,2 Turn 1/4 L with RIGHT Step side R; LEFT Recover/Step side (L in place) (6 o'clock)
3,4 RIGHT Step back; LEFT Step across front of R
5,6 RIGHT Rock/Step side R; LEFT Recover/Step side L (in place)
7,8 RIGHT Step back; LEFT Step across front of R

Begin Again

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