

Kaliwan Liwa

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kenny Teh (MY) - April 2009
音樂: Kaliwan Liwa (ILOCANO SONG)



Start dance on vocals. (32 counts after the strong beat starts)

ROCK, RECOVER, ½ TURN SWEEP, CROSS, SIDE, BEHIND, SWEEP

1 2 3 4 Rock L fwd, recover R, step L to L, ½ turn L on left sweep right from back to front
5 6 7 8 Cross R over L, step L to L, step R behind L, sweep left from front to back (6.00)

SWEEP x4, ½ TURN SAILOR

1 2 3 4 Continue the sweep and Step left behind R, sweep R behind L, sweep L behind R, sweep R behind L
5 6 7 8 Continue the R sweep making ½ turn R step R behind L, step down on L, cross R over L, touch L behind R while bending R knee (12.00)

FULL LEFT TURN, FLICK, CROSS, FLICK, CROSS, FLICK

1 2 3 4 ½ turn L step L, step R beside L, ½ turn L step fwd L, flick R (12.00)
5 6 7 8 Cross R over L, flick L, cross L over R, flick R

Styling note: count 5 and 7: bend respective knee and thus lowering the body

BACK, ½ TURN FWD, FULL SPIRAL TURN, FWD, LOCK, FWD, HOLD

1 2 3 4 Step back R, ½ turn L step fwd L, step fwd R, full spiral turn L on R ending with L crossing R (6.00)
5 6 7 8 Step fwd L, R lock behind L, step L fwd, hold

SIDE, ROCK CROSS, HOLD, ¾ TURN, SCUFF/KICK

1 2 3 4 Rock R to R, recover L, cross R over L, hold
5 6 7 8 ¼ turn R step back L, ½ turn R step fwd R, ¼ turn R step L to L, scuff/kick R to R diagonal (6.00)

SIDE, TOGETHER, SIDE, SCUFF/KICK, BEHIND, ½ TURN, TOUCH

1 2 3 4 Step R to R, step L beside R, step R to R, scuff/kick L to L diagonal
5 6 7 8 Step L behind R, ¼ turn R step fwd R, ¼ turn R step L to L, touch R (12.00)

SIDE, TOUCH, SIDE, TOUCH, ¾ RIGHT TURN, TOUCH

1 2 3 4 Step R to R facing L diagonal, touch L beside R bending R knee, step L to L facing R diagonal, touch R beside L bending L knee
5 6 7 8 ¼ turn R step fwd R, ½ turn R step back L, step back R, touch L (9.00)

¼ TURN, SIDE, BEHIND, ¼ TURN, RIGHT PIVOT x2

1 2 3 4 ¼ turn L step on L, step R to R, step L behind R, ¼ turn R step fwd R (9.00)
5 6 7 8 Step fwd L, pivot ½ turn R step fwd R, step fwd L, pivot ½ turn R step fwd R (9.00)

Repeat

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