

Senseless Cha

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - April 2009
音樂: Love Me Senseless - Agnes



Starts after 48 Counts

Rock, Recover, Step, Lock Step Back, 1/2, 1/4 Sweep, Cross & Cross.

1-3 Rock forward on Left, recover on Right, step back on Left.
4&5 Step back on Right, lock Left across Right, step back on Right.
6-7 Make 1/2 turn Left stepping forward on Left, make 1/4 Left as you sweep Right out.
8&1 Cross step Right over Left, step Left to Left side, cross step Right over Left.

1/4 , Back, Coaster Step, 1/4 Cross, Side Behind & Step.

2-3 Make 1/4 turn to Right stepping back on Left, step back on Right.
4&5 Step back on Left, step Right next to Left, step forward on Left.
6-7 Make 1/4 turn to Right as you cross step Right over Left, step Left to Left side.
8&1 Cross step Right behind Left, step Left to Left side, step Right in front of Left (slightly across)

Hold, 1/2 Pivot, Right Lock Step, Rock Recover, Left Lock Step Back.

2-3 Hold, pivot 1/2 turn to Left.
4&5 Step forward on Right, lock Left behind Right, step forward on Right.
6-7 Rock forward on Left, recover on Right.
8&1 Step back on Left, lock Right across Left, step back on Left.

Sway, Sway, Sailor Step, Behind, Side, Cross & Cross.

2-3 Sway hips to Right, sway hips to Left.
4&5 Cross step Right behind Left, step Left to Left side, step Right to Right side.
6-7 Cross step Left behind Right, step Right to Right side.
8&1 Cross step Left over Right, step Right to Right side, cross step Left over Right.

Monterey 1/2 , Left Lock Step, Rock, Recover, Coaster Step.

2-3 Point Right to Right side, make 1/2 turn to Right stepping Right next to Left.
4&5 Step forward on Left, lock Right behind Left, step forward on Left.
6-7 Rock forward on Right, recover on Left.
8&1 Step back on Right, step Left next to Right, step forward on Right.

Rock, Recover, 3/4 Shuffle, Step 1/2 , Shuffle 1/2 .

2-3 Rock forward on Left, recover Right.
4&5 Make 3/4 shuffle turn to Left stepping L-R-L
6-7 Step forward on Right, make 1/2 turn to Right stepping back on Left.
8&1 Make 1/2 shuffle turn to Right stepping R-L-R.

Point, Cross, Rock & Touch, Point, Cross, Rock & Step.

2-3 Point Left to left side, cross step Left over Right.
4&5 Rock to Right side on Right, recover on Left, touch Right across Left.
6-7 Point Right to Right side, cross step Right over Left.
8&1 Rock to Left side on Left, recover on Right, step Left slightly across Right.

Rock, Recover, Shuffle 1/2 , Rock, Recover, Sailor 1/4 Rock.

2-3 Rock forward on Right, recover on Left.
4&5 Make 1/2 shuffle to Right stepping R-L-R.

- 6-7 Rock forward on Left, recover on Right.
8&1 Cross step Left behind Right as you make 1/4 turn to Left, step Right next to Left, Rock forward Left.

Tag: End of Wall 2

Step, Pivot, Right Shuffle, Step, Pivot, Left Shuffle.

- 2-3 Step forward on Right, pivot turn 1/2 to Left.
4&5 Step forward on Right, step Left next to Right, step forward on Right.
6-7 Step forward on Left, pivot 1/2 turn to Right.
8&1 Step forward on Left, step Right next to Left, step forward on Left.

Side Rock, Behind & Cross, Side Rock, Behind & Step.

- 2-3 Rock to Right side on Right, recover on Left.
4&5 Cross step Right behind Left, step Left to left side, cross step Right over Left.
6-7 Rock to Left side on Left, recover on Right.
8&-1 Cross step Left behind Right, step Right to Right side, (Rock forward on Left)

Restart: Wall 5..

Dance Up To & Including Counts 8& Of Section 7 Then Restart Dance From Count 1
