

Sweetest Feeling

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 4 級數: Intermediate
編舞者: Lynn Davey (UK) - April 2009
音樂: I Get the Sweetest Feeling - Jackie Wilson : (3:00)



SECTION 1: HEEL SWIVEL ¼ KICK. BACK SHUFFLE. STEP BACK. FLICK. SYNCOPATED WEAVE

1 - 2 Heel swivel ¼ R. Kick R forward. 3 o'clock
3 & 4 Step back R. Step L together. Step back R.
5 - 6 Step back L. Flick R heel back diagonal.
& 7 & 8 Cross R over L. Step side L. Cross step R behind L. Step L to side.

SECTION 2 : CROSS ROCK. CHASSE SIDE ¼. PIVOT TURN ½ x 2.

1 - 2 Cross rock R over L. Recover L.
3 & 4 Step R to side. Step together L. Step R ¼ R. 6 o'clock.
5 - 6 Step forward R. Pivot ½ turn L.
7 - 8 Step forward R. Pivot ½ turn L.

SECTION 3: TOE STRUT. TOE STRUT ½ TURN. TOE STRUT ½ TURN. FORWARD SHUFFLE.

1 - 2 Touch L toe down. Drop L heel.
3 - 4 Touch R toe down ½ turn L. Drop R heel down. 12 o'clock.
5 - 6 Touch L toe down ½ turn L. Drop L heel down. 6 o'clock.
7 & 8 Step forward R. Step together L. Step forward R.

SECTION 4: ROCK RECOVER. BACK COASTER STEP. TOE STRUT. TOE STRUT ½ TURN.

1 - 2 Rock forward L. Recover R.
3 & 4 Step back L. Step together R. Step forward L.
5 - 6 Touch R toe down. Heel to floor R.
7 - 8 Touch L toe down. L heel to floor ½ turn R. 12 o'clock.

SECTION 5: STEP BACK. HEEL HOOK. STEP FORWARD TOUCH BEHIND. SIDE TOGETHER. BACK SHUFFLE.

1 - 2 Step back R. Heel hook L, click fingers.
3 - 4 Step forward L. Tap R foot behind L, click fingers.
5 - 6 Step side R. Together L.
7 & 8 Step back R. Together L. Step back R.

SECTION 6: STEP BACK. HEEL HOOK. STEP FORWARD TOUCH BEHIND. SIDE TOGETHER. FORWARD SHUFFLE.

1 - 2 Step back L. Heel hook R, click fingers.
3 - 4 Step forward R. Tap L foot behind R, click fingers.
5 - 6 Step side L. Together R.
7 & 8 Step forward L. Together R. Step forward L.

SECTION 7: FORWARD ½ TURN POINT. KICK STEP POINT x 2. FORWARD ROCK.

1 - 2 Step forward R ½ turn L. Point L toe to L side. 6 o'clock.
3 & 4 Kick L forward. Step L beside R. Point R toe to R side.
5 & 6 Kick R forward. Step R beside L. Point L toe to L side.
7 - 8 Forward rock R. Recover L.

SECTION 8: BACK ROCK. ¾ PIVOT. SIDE CHASSE. BACK ROCK.

1 - 2 Back rock L. Recover R.
3 - 4 Step forward L. ¾ pivot R. 3 o'clock.

5 & 6 Step side L. Step together R. Step side L.
7 – 8 Rock R behind L. Recover L.

SECTION 9: SIDE BEHIND. SIDE HEEL HOLD. SIDE CROSS HOLD. SIDE ¼ SIDE. CROSS.

1 – 2 Step side R. Step behind L.
& 3 4 Step side R. Dig L heel to L side. Hold.
& 5 6 Step side L. Cross step R over L. Hold.
& 7 8 Step side L. ¼ turn R. Step side R. Cross L over R. 6 o'clock.

SECTION 10: SIDE BEHIND. SIDE HEEL HOLD. SIDE CROSS HOLD. SIDE ¼ SIDE. CROSS
Repeat SECTION 9 - 9 o'clock.

SECTION 11: SIDE BEHIND. SIDE HEEL HOLD. SIDE CROSS HOLD. SIDE SIDE CROSS.

1 – 2 Step side R. Step behind L.
& 3 4 Step side R. Dig L heel to L side. Hold.
& 5 6 Step side L. Cross Step R over L. Hold.
& 7 8 Step side L. Step side R. Cross L over R.

SECTION 12: SIDE TOUCH. TOUCH OUT TOUCH IN. SIDE STEP TOUCH. SIDE STEP TOUCH.

1 – 2 Step side R. Touch L beside R.
3 – 4 Touch L toe to L side. Touch L beside R.
5 – 6 Step side L. Touch R beside L.
7 – 8 Step side R. Touch L beside R.

TAG DANCED ONLY ONCE AFTER SECOND WALL. INSTRUMENTAL MUSIC.

SECTION 1: TOE HEEL STEP. TOE HEEL STEP. FORWARD ROCK. SHUFFLE ½ TURN.

1 & 2 Touch L toe beside R instep. Touch L heel beside R instep. Step forward L.
3 & 4 Touch R toe beside L instep. Touch R heel beside L instep. Step forward R.
5 – 6 Rock forward L. Recover R.
7 & 8 Shuffle ½ turn L, stepping L R L.

SECTION 2: TOE HEEL STEP. TOE HEEL STEP. FORWARD ROCK. SHUFFLE ¼ TURN.

1 & 2 Touch R toe beside L instep. Touch R heel beside L instep. Step forward R.
3 & 4 Touch L toe beside R instep. Touch L heel beside R instep. Step forward L.
5 – 6 Rock forward R. Recover L.
7 & 8 Shuffle ¼ turn R – stepping R L R.

SECTION 3: TOE HEEL STEP. TOE HEEL STEP. FORWARD ROCK. BACK COASTER STEP.

1 & 2 Touch L toe beside R instep. Touch L heel beside R instep. Step forward L.
3 & 4 Touch R toe beside L instep. Touch R heel beside L instep. Step forward R.
5 – 6 Rock forward L. Recover R.
7 & 8 Step back L. Step together R. Step forward L.

SECTION 4: SIDE STEP TOUCH. TOUCH OUT TOUCH IN. SIDE STEP TOUCH. SIDE STEP TOUCH.

1 – 2 Step side R. Touch L beside R.
3 – 4 Touch L toe to L side. Touch L beside R.
5 – 6 Step side L. Touch R beside L.
7 – 8 Step side R. Touch L beside R.
