My Hometown

拍數: 48

級數: High Beginner

編舞者: Ira Weisburd (USA) - April 2009

音樂: My Home Town - Paul Anka

Level: High Beginner (One Wall 50s Rumba Line Dance)

PART I. (Four Rumba Boxes making ¼ turn L each time)

- 1& Step R to R, Step Close L to R
- 2& Step back w/R, hold
- 3& Step L to L, Step close R to L
- 4& Make ¼ turn L, hold
- 5-8& Repeat Part I (1-4&)
- 9-16 Repeat Part I. (1-8&)

PART II. (Step, close, step, close, step; Serpientay L,R,L; R,L,R); Repeat with opposite foot in opposite direction)

- 1-2 Step R to R, step close with L to R
- 3&4 Step R to R, step close with L to R, Step R to R
- 5&6 Weave 3 steps with L over R (L, R, L)
- 7&8 Step R behind L, Step L to L, Step R over L
- 9-16 Repeat Part II. (1-8). with L foot.

PART III. (4 diagonally forward Step, Lock, Steps; Make 1/2 turn L in 3 Steps; Repeat same with L foot)

- 1&2& Step forward on R, Lock Step w/ L behind R, Step forward on R, Step Forward on L
- 3&4& Lock Step with R behind L, Step forward w/L, step forward on R, Step Lock with L behind R
- 5&6& Step R forward, Step forward on L, lock step with R behind L, Step Forward on L
- 7&8& Step forward on R, pivot ½ turn to L on L, Step forward on R.
- 9-16 Repeat Part III. (1-8&) opposite footwork

BEGIN DANCE.





牆數:1