

Wonderful Waste Of Time

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Gerald Biggs (USA) - April 2009
音樂: Wonderful Waste Of Time - Jeff Cook & The Allstar Goodtime Band : (CD: Ashes
Won't Burn)



Or music:

Cold Outside by Big House, CD: Big House

Baby Likes To Rock It by The Tractors, CD: The Tractors

Start on lyrics

FORWARD TOE STRUTS

1-2 Step forward on LT toe, Drop LT heel down
3-4 Step forward on RT toe, Drop RT heel down
5-6 Step forward on LT toe, Drop LT heel down
7-8 Step forward on RT toe, Drop RT heel down

LT SIDE ROCK, RECOVER, CROSS TOE STRUT, RT SIDE ROCK, RECOVER, CROSS TOE STRUT

1-2 Step LT slightly to side while rocking onto LT, Recover onto RT
3-4 Touch LT toe across RT foot, Step down on LT foot (heel thrust)
5-6 Step RT slightly to side while rocking onto RT, Recover onto LT
7-8 Touch RT toe across LT foot, Step down on RT foot (heel thrust)

VINE LT, TOUCH, HEEL, TOE, SIDE TOE TOUCH, HITCH ¼ TURN LT

1-2 Step LT to side, Step RT behind LT
3-4 Step LT to side, Touch RT toe next to LT
5-6 Touch RT heel forward, Touch RT toe backwards
7-8 Touch RT toe to RT side, Hitch RT knee up while turning ¼ turn LT (9:00)

WALK BACK, HITCH, FORWARD STEP TOGETHER, STEP, STOMP TOGETHER

1-2 Step back RT, Step back LT
3-4 Step back RT, Hitch LT knee up
5-6 Step forward on LT, Step RT next to LT
7-8 Step forward on LT, Stomp RT next to LT

Start again