

Days Like These

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Harry Seddon (UK) - April 2009
音樂: On Days Like These - Matt Monroe : (Various Cd's)



Count in: 16 Beats. (96 bpm.)

Section 1: Right Jazz Box $\frac{3}{4}$ Turn Right, 2 x $\frac{1}{2}$ Turns Right, Back Locking Shuffle

1, 2 Cross step right over left, step back onto left
3, 4 Step right $\frac{1}{4}$ turn right, $\frac{1}{2}$ turn right stepping back onto left
5, 6 $\frac{1}{2}$ turn right step fwd onto right, $\frac{1}{2}$ turn right step back onto left
7 & 8 Step back right, lock step left over right, step back right.

(steps 3 – 8 travel towards 3.00)

Section 2: Rock Back, Recover, Locking Shuffle Fwd, $\frac{1}{4}$ Turn Left Locking Shuffle, Sailor $\frac{1}{2}$ Turn Left.

1, 2 Rock back onto left, rock fwd onto right
3 & 4 Step fwd onto left, lock step right behind left, step fwd onto left (9.00)
5 & 6 Turn $\frac{1}{4}$ left step back on right, lock step left over right, step back right
7 & 8 Sailor step making half turn left (L, R, L) (12.00)

Section 3: Step Fwd Right, $\frac{1}{2}$ Pivot Turn Left, Side Together, Side Together Side Together Sway Right, Sway Left.

1, 2 Step fwd right, $\frac{1}{2}$ pivot turn left (6.00)
3, 4 Step right to right side, step left alongside right
5 & 6 Step right to right side, step left alongside, step right to right side
& 7, 8 Step left alongside, sway right, sway left (6.00)

Section 4: Cross, Full Unwind, Step Side, Cross, Step Side, Behind Side Cross, Step Side.

1, 2, 3 Cross step right over left, unwind full turn left, step left to left side
4, 5 Cross step right over left, step left to left side
6 & 7 Step right behind left, step left to left side, cross step right over left
8 Step left to left side.