

It Happens

拍數: 32 牆數: 4 級數: Improver
編舞者: Nicky Jackson - April 2009
音樂: It Happens - Sugarland



(Dance begins on vocals)

CROSS KICKS x2, SHUFFLE FRONT, SHUFFLE BACK

- 1, 2 Cross Kick Right – kick R foot across L (toward L corner), step back in place
- 3, 4 Cross Kick Left – kick L foot across R (toward R corner), step back in place
- 5 & 6 Shuffle Step Forward Right – step forward with R foot, bring L foot together, step forward R foot
- 7 & 8 Shuffle Step Back Left – step back with L foot, bring R foot together, step back L foot

HEEL GRIND, SAILOR STEPS

- 1, 2 Heel Grind – grind R heel forward and slightly turn to R corner
- 3 & 4 Sailor Steps – step R foot behind L, step L foot out to side, step R foot forward
- 5, 6 Heel Grind – grind L heel forward and slightly turn to L corner
- 7 & 8 Sailor Steps – step L foot behind R, step R foot out to side, step L foot forward

KNEE POPS W/ ¼ TURN, HEEL STEP HITCH, SHUFFLE STEP FORWARD CORNER

- 1, 2 Knee Pops – pop R knee forward, then pop L knee forward
- 3, 4 Knee Pops ¼ turn – making a ¼ turn L pop R knee forward, then pop L knee forward
- 5, 6 Heel Step Hitch – tap R heel forward and bring up to R knee (hitch)
- 7 & 8 Shuffle Step Forward – step R foot toward R corner, bring L foot together, step forward R foot

GRAPEVINE, STEP TOUCH, STEP TOUCH W/SHIMMY'S, STEP STEP

- 1 & 2 & 3 & 4 & Grapevine – step L foot to side, cross R foot behind L, step L foot to side, cross R foot in front of L, step L foot to side, cross R foot behind L, step L foot to side, cross R foot in front of L
- 5, 6 Step Touch w/Shimmy – step L foot out to side, touch R foot next to L; Shimmy while performing step
- 7, 8 Step Step w/Shimmy – step R foot out to side, step L foot next to R; Shimmy while performing step

REPEAT

*** It is very easy with this dance to speed up the steps with the music, just stick with the counts the steps keep with the beat. Have Fun!!!