Moonlight Lady



拍數: 32 牆數: 4 級數: Advanced Beginner

編舞者: William Sevone (UK) - April 2009

音樂: Moonlight Lady - Julio Iglesias : (Album: "1100 Bel Air Place" / Many

Compilations)



Choreographers note:- The tempo of the music (and the dance) is Cuban Cha Cha and being slow and rhythmic, it will allow for as much full bodied styling as the dancer requires. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts after 50 second intro – on the word 'Light' as in 'Moonlight Lady...'. Feet slightly apart.

Full Turn Sweep. Behind-Recover-Side. Toe. Side. Rock-Recover-Side (12:00)

1 – 2 Turn ¼ left & step forward onto right. Turn ½ left – raising left foot slightly (prep to sweep) (3).

3 Continue turn a further ¼ left – sweeping left from front to back - & rock left behind right (12).

Recover onto right, step left to left side.Touch (stretched) right toe behind left

(head turned left looking down to R toe, L hand in line with right leg, R hand raised to right side of head)

6 Step right to right side (head forward)

7& 8 Cross rock left over right, recover onto right, step left to left side.

2x Diagonal Cross. Back-Side-Fwd. Fwd. 1/2 Back. Rock-Recover-Diagonal Cross (6:00)

9 – 10 Cross right diagonally left. Cross left diagonally right.

Step backward onto right, step left to left side, step forward onto right.

Step forward onto left. Turn ½ left & step backward onto right (6:00).

Rock left behind right, recover onto right, cross left diagonally right.

2x Diagonal Cross. Knee-Turn-Fwd. Diagonal Left. Side. 1/4 Coaster (3:00)

17 – 18 Cross right diagonally left. Cross left diagonally right (7.30). 19& 20 (19) Raise right knee, (&) turn ½ right (1.30 - knee still raised), (20) continue turn to face 6:00 & step forward onto right. (the total turn is 7/8ths)

21 – 22 Step left diagonally left. Step right to right side.

Turn ¼ left & step backward onto left, step right next to left, step forward onto left (3).

Rock. Recover. 3/4 Triple. 2x Diagonal Cross. Cross-Back-1/4 Side (9:00)

25 – 26 Rock forward onto right. Recover onto left.

27& 28 (on the spot) Triple step ³/₄ right stepping: R.L-R (12) 29 – 30 Cross left diagonally right. Cross right diagonally left.

31& 32 Cross left over right, step backward onto right, turn ¼ left & step left to left side.