

Pure Emotion

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Rafe Andersen (UK) - April 2009
音樂: Back for Good - Take That



Intro: 20 counts from start of track

STEP, FROWARD ROCK, ½ R, ½ R SHUFFLE, BACK, SWEEP ¼ L, BEHIND SIDE FORWARD

1 Step L forward
2&3 Rock R forward, recover onto L, make ½ turn R step R forward
4&5 Make ¼ turn R step L to L, step R beside L, make ¼ turn R step L back
6-7 Step R back, make ¼ turn L sweep L from front to back
8&1 Step L behind R, step R to R, step L forward

***Restart on wall 8

RUMBA BOX, BACK ROCK, ½ L, ½ L WITH HOOK

2&3 Step R to R, step L beside R, step R forward
4&5 Step L to L, step R beside L, step L back
6&7 Rock R back, recover onto L, make ½ turn L step R back
8 Weight on R spiral ½ turn L hooking L over R

***Restart on wall 2 and 5

DOROTHY STEPS, FORWARD ROCK, ½ L SHUFFLE, ½ L STEP, BACK

1-2& Step L diagonally forward L, lock step R behind L, step ball of L diagonally L.
3-4& Step R diagonally forward R, lock step L behind R, step ball of R diagonally R
5-6 Rock L forward, recover onto R
7&8 Make ¼ turn L step L to L, step R beside L, make ¼ turn L step L forward
&1 Make ½ turn L step L back, step R back

R COASTER, FORWARD SHUFFLE, FROWARD ROCK, ½ R, HITCH ½ R

2&3 Step R back, step L beside R, step R forward
4&5 Step L forward, lock R behind L, step L forward
6&7 Rock R forward, recover onto L, make ½ turn R step R forward
8 Make ½ turn R while hitching L knee

START AGAIN

RESTART 1

On wall 2 and 5, dance to count 16, then restart dance.

RESTART 2

On wall 8, dance to count 8&, then restart dance.