

In Your Shadow

COPPER **KNOB**
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Wanda Heldt (AUS) - January 2009
音樂: Shady Lady - Ani Lorak : (Eurovision '08)



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Alternate music:

Mercy by Duffy / Disco Inferno by Marcia Hines

Billie Jean by Michael Jackson

S1: R. HEEL TAP, STEP, CROSS, ROCK RECOVER, CROSS SHUFFLE ,

1&2 Tap Right Heel forward, Step back on Right, Cross Left over Right
3&4 Tap Right Heel forward, Step back on Right, Cross Left over Right
5 -6 Right side Rock, Recover on Left
7&8 Cross Right over Left, Step Left, Cross Right over Left

S2: L. HEEL TAP, STEP, CROSS, ROCK RECOVER, CROSS SHUFFLE

1&2 Tap Left Heel forward, Step back on Left, Cross Right over Left
3&4 Tap Left Heel forward, Step back on Left, Cross Right over Left
5 -6 Left side Rock, Recover on Right
7&8 Cross Left over Right, Step Right, Cross Left over Right

S3: ROCK FWD, RECOVER, 1&12 TRIPLE TURN RIGHT, ROCK RECOVER, LEFT COASTER CROSS

1 -2 Rock forward on Right, Recover on Left
3&4 Triple 1 & 1/2 Turn Right stepping Right, Left, Right [6]
To FINISH dance, 6th Wall at 3:00 Triple to the Front, 1-5 [Easy Option: Shuffle forward R.L.R.]
5 -6 Rock forward on Left, Recover on Right
7&8 Step back on Left, Step Right next to Left, Step Left over Right

S4: SIDE TOGETHER, SIDE SHUFFLE, CROSS, ROCK, 1/4 TURN LEFT, SHUFFLE FWD L.R.L.

1 -2 Step Right, Step left next to Right
3&4 Step Right, Step Left next to Right, Step Right
5-6 Cross Left over Right, Recover on Right
7&8 1/4 Turn Left, Shuffle forward L.R.L [3]

S5: 1/2 TURN LEFT, KICK, TOUCH UNWIND, BACK LOCK STEP, TOUCH UNWIND,

1 -2 Step forward Right 1/2 turn Left, Kick Left forward
3 -4 Touch Left behind, Unwind 1/2 turn Left, [9]
5&6 Step back on Left, Step right over left, Step back on Left
7 -8 Touch Right behind Left, Unwind 3/4 turn Right [12]

[Note: counts 1 - 8 ... Don't rush the steps]

S6: BACK ROCK, SHUFFLE FWD R.L.R., BACK ROCK, SHUFFLE FWD L.R.L.

1 -2 Rock back on Right, Recover on Left [slight 45 angle to right]
3&4 Step Right forward, Step left next to Right, Step Right forward [Square up to 12]
5 -6 Rock back on Left, Recover on Right [Slight 45 angle to Left]
7&8 Step Left forward, Step right next to left, Step Left forward [Square up to 12]

S7: TURN 1/4 LEFT, CROSS SHUFFLE, 2 x 1/4 TURN RIGHT, SHUFFLE FORWARD

1 -2 Step forward Right, 1/4 Turn left [wt. on Left] [9]
3&4 Cross Right over Left, Step Left, Cross Right over Left
5 -6 1/4 turn Right step back on Left, 1/4 turn Right step Right [3]

7&8 Step Left forward, Step Right next to Left, Step Left forward

S8: FULL MONTEREY TURN

1 -2 Touch Right Toe to Right side, 1/2 Turn Right step next to Left

3 -4 Touch Left Toe to left side, Step Left next to Right

5 -6 Touch Right Toe to Right side, 1/2 Turn Right step next to Left

7 -8 Touch Left Toe to left side, Step Left next to Right [3]

REPEAT HAVE FUN IN LIFE & IN DANCE
