

Baby Bolly

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Maureen Bullock (UK) - April 2009
音樂: Jai Ho! (You Are My Destiny) (feat. Nicole Scherzinger) - A. R. Rahman & The Pussycat Dolls



Intro: 32 counts

(1-8) RIGHT SIDE MAMBO, LEFT SIDE MAMBO, WALKS R L, CLOSE , HEEL TWISTS RIGHT AND CENTRE.

1&2 Rock side right, recover L close R to L.
3&4 Rock side Left, recover R, close L to R
5-6 Walk forward R,L
7,8& Close R to L , small twist of both heels to R and back to centre.

Optional arms: on twist 8& Elbows bent and in to body, palms up "catching rain"

(9-16) RIGHT CROSS POINT, LEFT CROSS POINT, RIGHT ROCK RECOVER TRIPLE STEP RLR ½ TURN RIGHT.

1-2 Cross R over L , touch L to side.
3-4 Cross L over R, touch R to side.

TAG & RESTART: ON 6TH Wall dance to here then repeat steps 1—4 But touch R To L. then restart from beginning. Continue optional arms as steps 1-4.

5-6 Rock forward R, recover to L.
7&8 Triple step ½ turn right RLR.

Optional arms: steps 1-4, arms straight, palms to floor, small pats 4 counts

(17-24) ROCK RECOVER LR, LEFT COASTER CROSS, HIP BUMPS R L, CHASSE TO RIGHT RLR

1-2 Rock forward L, recover R
3&4 Step L back, close R to L, cross L over R.
5-6 Step side R and bump hips to R, recover and bump hips to L
7&8 Chasse (side shuffle) to right, R side, close L to R, R to side.

Optional arms: hands on hips steps 5-6. Turn head R and L

(25-32) WEAVE RIGHT WITH RIGHT FLICK , JAZZ BOX ¼ TURN L WITH CROSS

1-4 Cross L over R, step R to R side, cross L behind R. Flick R foot back.
5-8 Cross R in front L starting to turn L, step back L, step R to side completing ¼ Turn to left, cross L over R.

Optional arms: Click fingers on step 4 flick step, both hands to right side.

REPEAT

TAG AND RESTART: DURING WALL 6 (3 .00) DANCE TO STEP 12, THEN REPEAT STEPS 9-12 BUT TOUCH R TO L AND RESTART.

BIG FINISH ON FRONT WALL, PUSH BOTH PALMS TO CEILING!

email: maureenbullock@tiscali.co.uk