

I'm Yours

COPPER KNOB
BY STEPHEN

拍數: 64
編舞者: Niels Poulsen (DK) - April 2009
音樂: I'm Yours - Jason Mraz

牆數: 2

級數: Easy Intermediate



Music: Buy from iTunes. Best version is Radio Edit (3.34 minutes) as you end facing 12:00 doing counts 33-36. If using Album version: fade out at 3.30 minutes

Intro: 16 counts from first beat (app. 13 seconds into track). Start with weight on L foot.

*2 easy restarts: During 2nd wall, after 36 counts, facing 6:00. During 4th wall, after 48 counts, facing 12:00

(1 – 8) R mambo fw, step back on L, R coaster, Repeat with L foot

1&2& Rock R foot fw (1), recover back on L (&), step back on R (2), step back on L (&) 12:00
3&4 Step back on R (3), bring L next to R (&), step fw on R (4) 12:00
5&6& Rock L foot fw (5), recover back on R (&), step back on L (6), step back on R (&) 12:00
7&8 Step back on L (7), bring R next to L (&), step fw on L (8) 12:00

(9 – 16) Hitch point turns X 2, R kick cross side rock, Repeat steps with L turning R

&1&2 Turn ¼ L on L foot hitching R knee (&), point R to R side (1), Repeat counts &1 6:00
&3&4 Hitch R knee (&) Kick R fw and slightly across L (3), cross R over L (&), rock L to L side (4) 6:00
&5&6 Recover on R turning ¼ R on R hitching L knee (&), point L to L side (5), repeat hitch point turn 12:00
&7&8& Hitch L (&), Kick L fw and across R (7), cross L over R (&), rock R to R side (8), recover on L (&) 12:00

(17 – 24) Extended weave, cross rock, side rock, cross rock, ¼ R with scuff

1&2& Cross R over L (1), step L to L side (&), cross R behind L (2), step L to L side (&) ... (Small steps!) 12:00
3&4& Cross R over L (3), step L to L side (&), cross R behind L (4), step L to L side (&) ... (Small steps!) 12:00
5&6& Cross rock R over L (5), recover L (&), rock R to R side (6), recover L (&) 12:00
7&8& Cross rock R over L (7), recover L (&), turn ¼ R stepping fw on R (8), scuff L fw (&) 3:00

(25 – 32) L step lock step scuff, Repeat with R, mambo ½ L, full triple turn, fw L

1&2& Step fw on L (1), lock R behind L (&), step fw L (2), scuff R fw (&) 3:00
3&4& Step fw on R (3), lock L behind R (&), step fw R (4), scuff L fw (&) 3:00
5&6 Rock fw on L (5), turn ¼ L stepping back on R (&), turn ¼ L stepping fw on L (6) 9:00
7&8& Turn ½ L stepping back on R (7), turn ¼ L stepping L to L side (&), turn ¼ L stepping R fw (8), step L fw (&) 9:00

(33 – 40) R jazz box ¼ R, Fw R, touch, fw L, touch, back R, touch, back L, touch

1 – 2 Cross R over L (1), turn ¼ R stepping back on L (2) 12:00
3 – 4 Step R to R side (3), step fw on L (4) * Restart here during 2nd wall (facing 6:00) 12:00
5&6& Step R diagonally fw (5), touch L next to R (&), step L diagonally fw (6), touch R next to L (&) 12:00
7&8& Step R towards 4:30 (7), touch L next to R (&), step L towards 7:30 (8), touch R next to L (&) 12:00

(41 – 48) R back lock step with kick, side cross side, Repeat steps

1&2& Step back on R (1), lock L over R (&), step back on R (2), kick L diagonally fw (&) (towards 10:30) 12:00
3&4 Step down on L (3), cross R over L (&), step L to L side (4) 12:00

- 5&6& Step back on R (5), lock L over R (&), step back on R (6), kick L diagonally fw (&) (towards 10:30) 12:00
- 7&8 Step down on L (7), cross R over L (&), stomp L to L side (8) * Restart on 4th wall (facing 12:00) 12:00

(49 – 56) Swivel R L R heel, step fw on L, step ½ step, full turn step

- 1&2& Swivel R heel to L (1), return R heel to centre (&), swivel L heel to R (2), return heel to centre (&) 12:00
- 3&4 Swivel R heel to L side (3), return R heel to centre (&), step fw on L (4) 12:00
- 5&6 Step fw on R (5), turn ½ L stepping onto L (&), step fw on R (6) 6:00
- 7&8 Turn ½ R stepping back on L (7), turn ½ R stepping fw on R (&), step fw on L (8) 6:00

(57 – 64) R & L kick, R rocking chair, R and L side mambo, touch R next to L

- 1&2& Kick R foot fw (1), step back on R (&), kick L foot fw (2), step back on L (&) 6:00
- 3&4& Rock fw on R (3), recover weight to L (&), rock back on R (4), recover weight fw on L again (&) 6:00
- 5&6 Rock R to R side (5), recover weight to L (&), bring R next to L (6) 6:00
- &7&8 Rock L to L side (&), recover weight to R (7), bring L next to R (&), touch R next to L (8) 6:00

Begin again!... Sing along and be happy, just like this song is!
