

Dreamin'!

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Jan Wyllie (AUS) - April 2009
音樂: An American Dream - Nitty Gritty Dirt Band



Intro: 40 count intro, (Choreo February 09)

Cross/Rock Rock Back, Rock Back Rock Fwd, Cross/Rock Rock Back, Side Shuffle

1,2,3,4 Rock/step R over L, Rock back on L, Rock/step back on R, Rock fwd on L (facing left diag)
5,6,7&8 Rock/step R over L, Rock back on L, Shuffle right stepping R,L,R

Cross/Rock Rock Back, Rock Back Rock Fwd, Cross Rock, Rock Back, 1/4 Shuffle

9,10,11,12 Rock/step L over R, Rock back on R, Rock/step back on L, Rock fwd on R
13,14,15&16 Rock/step L over R, Rock back on R, Making 1/4 left shuffle fwd stepping L,R,L

Rock Fwd Rock Back, Toe Strut Back, Coaster Step, Step 1/4 Turn

17,18,19,20 Rock/step fwd on R, Rock back on L, Step back on R toe, Drop R heel to floor
21&22 Step back on L, Step R beside L, Step fwd on L
23,24 Step fwd on R, Pivot 1/4 left transferring wt to L

Box Step, Side Shuffle, Step Behind Side

Harder Alternative: Box Step, 1/4 Shuffle, 3/4 Turn

25,26,27,28 Step R across L, Step back on L, Step R to right, Touch L beside R
29,30,31,32 Shuffle left stepping L,R,L (alternative - Making 1/4 left shuffle fwd L,R,L)
31,32 Step R behind L, Step L to left (alternative - Turn 3/4 left stepping R,L)

***There is an 8 count tag at the end of wall 6 (facing front)**

1,2,3,4 Rock/step R over L, Rock back on L, Rock/step back on R, Rock fwd on L (facing left diag)
6,7,8 Step fwd on R, Pivot 1/2 left, Step fwd on R, Pivot 1/2 left

I'll bet there are lots of us who can only afford to take a vacation in our dreams these days!
There's nothing quite like music and dance to take us away from reality for a while....
Just as well I say, because sometimes reality is a real drag on the emotions.
I find that a couple of hours of music and dancing is all it takes to
recharge my batteries in Preparation for the next onslaught of life! (-:

Hope you enjoy this little dance and that the music does it for YOU too!
See you on the floor sometime.... Jan

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