

# Mama Said

拍數: 32      牆數: 4      級數: Improver  
編舞者: Maria Tao (USA) - January 2009  
音樂: Mama Said - Dave Sheriff



Intro: 16 count intro

\*\* I'd like to dedicate this dance to my dear mother.

## MONTANA KICK, LOCK STEP FWD, STEP FWD, PIVOT ½ TURN R, STEP FWD

1-2            Step right forward, kick left forward  
3-4            Step left back, touch right toe back  
5&6           Step right forward, lock left behind right, step right forward  
7&8           Step left forward, pivot ½ turn right, step left forward (6:00)

## SCUFF FWD, STEP FWD (R & L), MAMBO FWD, TOE STRUTS BACK (L & R), COASTER CROSS

1&            Scuff right forward, step right forward  
2&            Scuff left forward, step left forward  
3&4           Rock right forward, recover onto left, step right back  
5&            Touch left toe back, drop left heel down  
6&            Touch right toe back, drop right heel down  
7&8           Step left back, step right beside left, cross left over right

## R TOE TOUCHES, BEHIND-SIDE-CROSS, L TOE TOUCHES, BEHIND, ¼ TURN R, STEP FWD

1&2           Point right toe to right side, hitch right knee up slightly, point right toe to right side  
3&4           Step right behind left, step left to left, cross right over left  
5&6           Point left toe to left side, hitch left knee up slightly, point left toe to left side  
7&8           Step left behind right, ¼ turn right stepping right forward, step left forward (9:00)

## HEEL STEP FWD (R & L), R TOE STEP BACK, L STEP BACK, CROSS, HEELS BOUNCE (x 2) WITH ½ TURN L, SAILOR STEP, KICK BALL CHANGE

1&            Step right heel forward, step left heel forward  
2&            Step right toe back, step left foot back  
3&4           Cross right over left, bounce heels twice making ½ turn left (weight on right)  
5&6           Cross step left behind right, step right to right, step left forward  
7&8           Kick right forward, step right beside left, step left in place (3:00)

## START AGAIN

ENDING: The dance will end facing the 3 o'clock wall. You can finish facing the front by replacing count 31-32 (kick ball change) with:

7&8            Step right forward, pivot ¼ turn left, stomp right beside left