A Little Love



拍數: 32 牆數: 4 級數: Intermediate

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音樂: Put A Little Love - Al Green & Annie Lennox



Start on vocals

Section 1: Sway x2, 1/4 Turn	, Point step back touch, Lock Step
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1-2	Sway Right hip To Right, Sway Left hip To Left.
3-4	On Right Ball Turn ¼ to Left, Point Left Toe forward.
5-6	Step Back On Left Foot, Touch right toe in front of Left toe.

7&8 Step Forward on right Foot, lock left behind, step forward on right foot.

Section 2: Cross unwind Full Turn, Sweep , Rock Back, 1/4 Turn X2, Cross Shuffle

1-2	Cross Left Over right	t Full Turn to Right v	veight on left. Swee	p Right from front to back.
1-4	CIUSS LEIL OVEL HUIT	t. I dii I diii to i Maiit v	veluli oli leli. Owee	DINGHL HOHI HOHL TO DACK.

3-4 Rock back on right recover back on left.

5-6 Turn ¼ to right on right foot, Turn ¼ to right on right by stepping left out to left side.

7&8 Cross right over left, step a small step on left to the side, Cross right over left.

Section 3: Rock, Behind Side, Cross Rock, Shuffle Turn Full Turn

1-2	Rock Left Diagonally , Recover Back on Right
3-4	Step left behind right, Step Right to right side.

5-6 Cross Rock Left over Right Diagonally, Recover Back on Right

7&8 Shuffle full turn to left by stepping Left, Right, Left.

Section 4: Long Step, Slide, Back rock, Long Step, Slide, Cross Shuffle.

1-2	Make a long Step to the right, slide left beside right.
3-4	Rock back on left foot, Recover back on right.
5-6	Make a long Step to the left, slide right beside left.

7&8 Cross left over right, take a small step to the right, cross left over right.

Tag: 8 counts after 4:th wall At 12 O'Clock . Danced only once.

1-4 Weight on left foot, Paddle turns ¼, X 4 To The left.

&5-8 Change Weight to right foot. Paddle Turns ¼, X 4 To The Right

Have your arms out to the side and look like "you don't Know " As you paddle around.

Note:

After 1:st Wall Point with your Left index finger at someone on the word "You" Then point at your self with right hands Index finger on the word "Me "Put your Right Hand on Your Heart on the word "Heart "

Begin Again And Have Fun